UNIVERSIDADE DE SÃO PAULO FACULDADE DE ODONTOLOGIA DE BAURU

MICHELLE DE CAMPOS SORIANI AZEVEDO

The role of VIP (*vasoactive intestinal peptide*) and PACAP (*pituitary adenylate cyclase-activating polypeptide*) in M2 polarization and the impact on the alveolar bone healing process

Papel de VIP (*vasoactive intestinal peptide*) e PACAP (*pituitary adenylate cyclase-activating polypeptide*) na polarização M2 e seu impacto no processo de reparo ósseo alveolar

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"Talvez não chequei aonde planejei ir. Mas chequei, sem querer,

aonde meu coração queria chegar, sem que eu o soubesse."

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RESUMO

RESUMO

Este estudo avaliou o papel de VIP (vasoactive intestinal peptide) e PACAP (pituitary adenylate cyclase activating polypeptide) na modulação da resposte imune e inflamatória associada ao tecido ósseo, utilizando modelos de reparo ósseo alveolar e lesões periapicais em camundongos C57BI/6. Com relação ao reparo, grupos submetidos à exodontia, mantidos em condições controle ou tratados com VIP, antiVIP, PACAP е antiPACAP, foram avaliados por meio de análises microtomográficas (µCT), histomorfométricas, imunohistoquímicas e moleculares. Os resultados de µCT não demonstram diferença entre os grupos VIP e antiVIP em relação ao controle, enquanto análises histomorfométricas, demonstraram menor densidade de tecido conjuntivo no grupo antiVIP, assim como menor densidade de fibras colágenas e fibroblastos associada a uma maior densidade de matriz óssea e osteoclastos nos grupos VIP e antiVIP; associadas e uma menor contagem de células F4/80+, CD80+, VIP+ e PACAP+, aumento de CD206+, e alterações na expressão de fatores de crescimento, marcadores imunológicos e de reparo tecidual. Nos grupos tratados com PACAP e antiPACAP, a análise por µCT mostrou aumento do volume ósseo para PACAP e na espessura das trabéculas nos grupos PACAP e antiPACAP, enquanto a análise histomorfométrica mostrou aumento de fibras colágenas e diminuição de fibroblastos para o grupo PACAP, assim como diminuição na densidade de osteoblastos e osteoclastos. O grupo antiPACAP mostrou diminuição de osteoblastos maior concentração de células inflamatórias. A análise е imunohistoquímica demonstrou que os grupos PACAP e antiPACAP apresentaram em geral menor contagem de células F4/80+, CD80+, VIP+ e PACAP+ e um aumento na contagem de CD206+, seguido pela expressão alterada de fatores de crescimento, marcadores imunológicos e de reparo. De forma geral, observou-se que a administração de VIP e PACAP resultou em um processo mais rápido do reparo com maior densidade óssea ao final do período, associada a uma polarização preferencial da resposta para o perfil M2. Com relação ao modelo de osteólise inflamatória crônica, camundongos submetidos a indução de lesões periapicais, mantidos em condições controle ou tratados com VIP, foram avaliados por meio de análises histomorfométricas, celulares e moleculares. A expressão de VIP foi maior nos granulomas periapicais, apresentando associação positiva com fatores

imunorreguladores e inversa correlação com mediadores pró-inflamatórios. O tratamento com VIP resultou no controle da lesão, associado a uma resposta antiinflamatória relacionada a respostas do tipo Th1, Th17 e osteoclastogênica, mostrando-se dependente da migração de Treg e independente de IL-4. Desta forma nossos resultados mostram que VIP e/ou PACAP, estão associados a uma atividade anti-inflamatória e que os tratamentos resultam na atenuação da progressão da lesão e melhoraram o processo de reparo ósseo associados a uma resposta imunossupressora. De forma geral pode-se concluir que neuropeptídios, como VIP e PACAP, apresentam uma ação reguladora da resposta imune e inflamatória associada ao tecido ósseo, e que a magnitude de tal regulação parece ser dependente da natureza do processo inflamatório.

Palavras-chave: VIP. PACAP. TECIDO ÓSSEO. MIGRAÇÃO CELULAR. INFLAMAÇÃO

ABSTRACT

ABSTRACT

The role of VIP (vasoactive intestinal peptide) and PACAP (pituitary adenylate cyclase-activating polypeptide) in M2 polarization and the impact on the alveolar bone healing process

This study evaluated the role of VIP (vasoactive intestinal peptide) and PACAP (pituitary adenylate cyclase activating polypeptide) in modulating immune and inflammatory response associated with bone tissue using alveolar bone repair models and periapical lesions in C57BI/6 mice. Regarding repair, groups submitted to extraction, maintained under control or treated with VIP, antiVIP, PACAP and antiPACAP were evaluated by microtomography (μ CT), histomorphometric, immunohistochemical and molecular analysis. The µCT results showed no difference between VIP and antiVIP groups in relation to control, whereas histomorphometric analyzes showed lower connective tissue density in antiVIP group, as well as lower density of collagen fibers and fibroblasts associated with higher bone matrix and osteoclasts density in the VIP and antiVIP groups; associated with a lower F4/80+, CD80+, VIP+ and PACAP+, increased CD206+ cell count, changing the expression of growth factors, immunological and tissue repair markers. In the PACAP and antiPACAP-treated groups, µCT analysis showed increased bone volume for PACAP and trabecular thickness in the PACAP and antiPACAP groups, while histomorphometric analysis showed increased collagen fibers and fibroblasts and decreased in the density of osteoblasts and osteoclasts in the PACAP group. The antiPACAP group showed decreased osteoblasts and higher concentration of inflammatory cells. Immunohistochemical analysis showed that the PACAP and antiPACAP groups in general had lower F4/80+, CD80+, VIP+ and PACAP+ and an increase in CD206+ cell counts, followed by altered expression of growth factors, immune and repair markers. In general, it was observed that administration of VIP and PACAP resulted in a faster repair process with higher bone density at the end of the period, associated with a preferential polarization of response to the M2 profile. Regarding the chronic inflammatory osteolysis model, mice submitted to induction of periapical lesions, maintained under control conditions or treated with VIP, were evaluated by histomorphometric, cellular and molecular analyzes. VIP expression

was higher in periapical granulomas, presenting a positive association with immunoregulatory factors and inverse correlation with pro-inflammatory mediators. Treatment with VIP resulted in lesion control associated with an anti-inflammatory response related to Th1, Th17 and osteoclastogenic responses, which was dependent on Treg migration and independent of IL-4. Thus our results show that VIP and/or PACAP are associated with anti-inflammatory activity and that treatments result in attenuation of lesion progression and improved bone repair process associated with an immunosuppressive response. In general, it can be concluded that neuropeptides, such as VIP and PACAP, have a regulatory action on immune and inflammatory response associated with bone tissue, and that the magnitude of such regulation seems to be dependent on the nature of the inflammatory process.

Key-words: VIP. PACAP. BONE TISSUE. CELL MOVEMENT. INFLAMMATION.

TABLE OF CONTENTS

1 INTRODUCTION
2 ARTICLES
Articles 2.1
VIP modulatory effects in macrophages during the process of alveolar bone healing
Articles 2.2
PACAP modulatory capacity during the experimental alveolar bone healing process
Article 2.3
Vasoactive intestinal peptide (VIP) immunoregulatory role at the periapex: associative and mechanistic evidences from human and experimental periapical lesions
3 DISCUSSION
4 CONCLUSION
REFERENCES
ANNEXES

1 INTRODUCTION

1 INTRODUCTION

The bone tissue is a connective and mineralized tissue that forms the bones. The bones are rigid and resistant structures that form the skeleton, having the functions of support, protection and locomotion, as well reserve of minerals. This tissue is constituted by cells called osteoblasts, osteoclasts and osteocytes, and by the bone matrix, that correspond to the mineralized extracellular material (JUNQUEIRA; CARNEIRO, 2017). Despite its inert aspect, this tissue is an extremely dynamic structure that grows and remains throughout the all life of the organism, having a high capacity for remodeling (DATTA et al., 2008; KATCHBURIAN; ARANA, 2017).

In the oral cavity, the bone tissue plays an important role in the support of the teeth, forming the alveolar processes and the alveolar bone, a dynamic tissue where the fibers of the periodontal ligament are inserted, that quickly responds to stimuli, induces the formation and the tissue resorption (KATCHBURIAN; ARANA, 2017; NANCI, 2013; NEWMAN et al., 2012).

The bone metabolism is maintained under strict control in a process called "coupled bone formation", in which the interaction between biochemical signals generated and transmitted between bone cells interconnects the process of resorption to subsequent bone new formation, allowing the renewal of bone tissue with no functional alterations (BEHL et al., 2008; CHAN; DUQUE, 2002; HOROWITZ et al., 2001; LLOYD et al., 2009; MCCAULEY; NOHUTCU, 2005; ROSCHGER et al., 2008).

Thus, the development, homeostasis and repair capacity of bone tissue depend on the dynamic balance of osteoblast activity and osteoclast reabsorption (KARSENTY; WAGNER, 2002). Due to this remodeling property, the bone tissue exhibits high regeneration capacity when injured. Thus, bone fractures and small defects produced by pathology or trauma, such as tooth extraction, has the ability to repair, with the production of a new bone tissue, with morphofunctional characteristics similar to the original one (AI-AQL et al., 2008; DIMITRIOU; TSIRIDIS; GIANNOUDIS, 2005; PHILLIPS, 2005; TSIRIDIS; UPADHYAY; GIANNOUDIS, 2007).

However, despite such capacity, more extensive defects or associated with certain systemic alterations, present their delayed repair, or even, are not repaired (CORMACK; HAM, 1987). In the oral cavity, the bone changes are highly prevalent, including periodontal and periapical lesions, post-exodontic alterations such as

alveolitis, or even more rare but highly clinically important lesions such as central giant cell lesions, and others (SILVA et al., 2005).

Although these lesions present distinct etiologies, such lesions are characterized by an imbalance of bone homeostasis, which may be due to the influence of microbial, inflammatory, genetic and/or endocrine factors on bone cells (FUKUMOTO; MARTIN, 2009; NICKS et al., 2009). In fact, the control of bone metabolism, in physiological and in response to changes, is influenced by several local and systemic factors, especially the association of the immune with the skeletal systems, called osteoimmunology (BEHL et al., 2008; DATTA et al., 2008; HERMAN; KRÖNKE; SCHETT, 2008; LORENZO; HOROWITZ; CHOI, 2008; RAUNER; SIPOS; PIETSCHMANN, 2007; TAKAYANAGI, 2005, 2007).

The interaction between the immune system and the bones is based on the interference in the bone remodeling process by the mediators, produced by the cells of the immune system: while inflammatory mediators inhibit the activity of osteoblasts and potentiate the activity of osteoclasts, anti-inflammatory mediators have the opposite effect (GARLET et al., 2006, 2007). The best characterized example of such interaction is the production of RANKL (NF-kB activation receptor ligand responsible for the differentiation and activation of osteoclasts through binding to RANK receptor) by activated T lymphocytes, which affect the balance between RANKL and OPG (osteoprotegerin, which as a decoy soluble receptor, inhibits bone resorption by preventing the interaction between RANK and RANKL), usually kept under strict control by osteoblasts. In fact, under physiological conditions, osteoblasts play an important role in the regulation of the RANK/RANKL/OPG system, but the interference of leukocytes and their products on such control can decisively influence tissue homeostasis (GARLET et al., 2006; HERMAN; KRÖNKE; SCHETT, 2008; KATAGIRI; TAKAHASHI, 2002; LORENZO; HOROWITZ; CHOI, 2008; RAUNER; SIPOS; PIETSCHMANN, 2007; TAKAYANAGI, 2007; TEITELBAUM, 2000; WADA et al., 2006).

Despite important advances in the field of osteoimmunology, details of the interaction between the immune and bone systems are still scarce, and the vast majority of studies have focused on the influence of cells and mediators, as well as on role of the immune system in the activation of osteoclasts and in the process of bone resorption, especially in rheumatoid arthritis, myeloma and periodontal disease (ANG et al., 2009; LI et al., 2007; THEILL; BOYLE; PENNINGER, 2002).

A common point within these models is that they do not allow the study of the possible influence of the immune system in subsequent the bone formation, so little is known about possible influences of the interaction between the bone and immune system in the process of bone formation and repair.

It is important to emphasize that even in conditions considered homeostatic, inflammatory mechanisms are extremely relevant in the process of bone repair, participating in the process of angiogenesis, formation and removal of granulation tissue and subsequent formation of bone tissue (CARANO; FILVAROFF, 2003; CARDOSO et al., 2009; KANCZLER; OREFFO, 2008; KANYAMA et al., 2003; POLETI, 2009; RODRIGUES, 2007; WEISS et al., 2009). The use of a mice model in alveolar bone repair after incisor exodontia (VIEIRA et al., 2015) to study of such events, allows the clarification of the mechanisms involved in the regulation of bone tissue during alveolar repair in homeostatic conditions (KORPI et al., 2009; TOMOMATSU et al., 2009).

In mice, the alveolar bone healing process has the same sequence of events previously described in humans and rats (BODNER et al., 1993; CARDOSO, 2009; ELSUBEIHI; HEERSCHE, 2004; POLETI, 2009; RODRIGUES, 2007), presenting only a variation in the chronology of the repair process, characteristic of murine metabolism (BODNER et al., 1993; ELSUBEIHI; HEERSCHE, 2004; KORPI et al., 2009; WITTE; BARBUL, 1997). The alveolar repair process initially depends on the formation of a blood clot within the alveolus, which at the end of the first day is covered by a fibrin network; gradually this clot undergoes invasion of fibroblasts associated with proliferation of endothelial cells, giving rise to new blood vessels that form part of a highly organized granulation tissue, together with fibroblasts in intense proliferation that actively synthesize collagen. In the sequence, osteoblasts found inside the alveolus synthesize an osteoid matrix that mineralizes bone trabeculae. Thus the granulation tissue is gradually replaced by bone tissue and the alveolar repair is completed when the alveolus is thoroughly filled by newly formed bone tissue and the alveolar crest remodeled, providing a dynamic osteoclastic-osteoblastic equilibrium, and the new bone will be able to withstand new stimuli (CARDOSO, 2009; ELSUBEIHI; HEERSCHE, 2004; POLETI, 2009; RODRIGUES, 2007). In humans, this occurs around 210 days after exodontia (CARVALHO; OKAMOTO, 1987), which in the experimental models is equivalent to 28 days in rats and 21 days in mice (BODNER et al., 1993; CARDOSO, 2009; ELSUBEIHI; HEERSCHE, 2004; POLETI, 2009; RODRIGUES, 2007).

Although the exact mechanisms involved in the bone healing process from the point of view of local immunoregulation are not known yet, tissue repair studies generally point to certain cell types as key components in such a process. Within these cell types, we can highlight the important role of macrophages in bone repair (JANEWAY; MEDZHITOV, 2002; MORRISSETTE; GOLD; ADEREM, 1999).

While classically considered as pro-inflammatory cells, macrophages may present distinct functional phenotypes, termed M1 and M2 (MARTINEZ et al., 2008; MOSSER; EDWARDS, 2008). The original definition of M1 and M2 macrophage is derived from the influence of Th1 and Th2-type cytokines (EDHOLM; RKOO; ROBERT, 2017; MILLS et al., 2000), which results in dichotomous phenotypes of the cytokine-stimulated macrophages. The exposure of macrophages to pro-inflammatory and Th1 stimuli, such as IFN- γ , TNF- α or LPS presence, results in the classic activation, characterized by an inflammatory phenotype and termed M1. The M1 macrophages are characterized by the increased production of MMP9, FGF, IL-8, TNF- α , IL-6, IL-1 β and iNOS, and the high expression of CCR7, CD80 and HLADR receptors (MARTINEZ et al., 2008; MOSSER; EDWARDS, 2008).

On the other hand, macrophages can also develop a M2 regulatory and/or repairing phenotype in response to IL-4, in a process called alternative activation, associated with the control of tissue response and repair (MARTINEZ et al., 2008; MOSSER; EDWARDS, 2008; MURRAY; WYNN, 2011; SHI; PAMER, 2011; SICA; MANTOVANI, 2012). The M2 macrophages utilize arginase to convert L-arginine to L-ornithine, a precursor for polyamines and proline components of collagen, an important component in tissue repair (EDHOLM; RKOO; ROBERT, 2017; JETTEN et al., 2014; MILLS, 2001). M2 macrophages are characterized by the high expression of CD163, CD206, MDC, MRC1 receptors and factors such as CCL22, CCL18, IL-10, TGF- β 1, PDGF, TIMPs, and Arg-1 and Fizz-1(LISI et al., 2014; MOSSER; EDWARDS, 2008; MURRAY; WYNN, 2011; SANSON; DISTEL; FISHER, 2013; SHI; PAMER, 2011; SICA; MANTOVANI, 2012; SPILLER et al., 2014; ZHOU et al., 2014).

Accordingly, in relation to general tissue repair, studies show that this process involves an initial M1 polarization that typical shift toward a pro-wound healing phenotype M2 (GAFFNEY et al., 2017; SINDRILARU; SCHARFFETTER-KOCHANEK, 2013). While there are few studies specifically focused in bone repair,

considering may directly or indirectly interference of macrophages with differentiation and activity of bone cells (ALEXANDER et al., 2011; GRAVES; COCHRAN, 2003; TAKAYANAGI, 2005, 2007), along bone healing process, the immune response initially results in the production of pro-inflammatory cytokines associated with the predominance of M1 macrophages, followed by the subsequent production of antiinflammatory factors and the transition to the M2 profile dominance (GAFFNEY et al., 2017). Importantly, M1 to M2 transition have been described as an important component of healing process, also associated with the inflammatory response is usually described to impair healing (DE SENY et al., 2016).

The macrophage polarization theoretically occurs in the response site, it is believed that the local microenvironment has a determining role in the polarization of macrophages that migrate to the response sites. Among the factors that could lead to M1 and M2 polarization, the primary obvious target would be IFNγ and IL-4, originally described as inducing such polarization (MOSSER; EDWARDS, 2008; MURRAY; WYNN, 2011; SHI; PAMER, 2011; SICA; MANTOVANI, 2012). However, previous results from our group (VIEIRA et al., 2015), demonstrate that such cytokines expression in the repair sites is low, which can be justified by the preponderantly innate immunity nature of the response, which result in a relative absence of T cells in such sites (MOSSER; EDWARDS, 2008; MURRAY; WYNN, 2011; SHI; PAMER, 2012; VIEIRA et al., 2015).

Many neurotransmitters, neuropeptides and cytokines produced in parallel by nerve fibers and immune cells have been shown to be potential modulators of immune functions (ABAD; TAN, 2018; WINDING; WILTINK; FOGED, 1997). Among the major mediators, cytokines are not the only peptides capable of promoting or inhibiting immunologic processes. In addition, an increasing number of neuropeptides may be able to modulate the immune system (SAID, 1998). However, some factors may act as local mediators of M2 polarization, including VIP (vasoactive intestinal peptide) and PACAP (pituitary adenylate cyclase-activating polypeptide). In fact, previous studies have demonstrated that VIP, as well as of PACAP, act as macrophages "deactivators" (DELGADO; POZO; GANEA, 2004; GANEA; DELGADO, 2001b; KOFF; DUNEGAN, 1985); considering that such studies were performed prior to the description of the functional subtypes M1 and M2; the characteristics described in the studies for the "deactivating" macrophages are compatible with the conversion of the macrophages

phenotype from M1 to M2 (MARTINEZ; GORDON, 2014). In this context, VIP is a neuropeptide capable of performing a broad spectrum of biological functions, including the modulation of both innate and adaptive immunity, being able to down-regulate proinflammatory factors in immune-mediated diseases (GANEA; DELGADO, 2001b; JIANG et al., 2016; VILLANUEVA-ROMERO et al., 2018).

Regarding the focus of this study, VIP is a neuropeptide composed of 28 amino acids, belonging to a family of peptides, of which we can also highlight PACAP, which presents 68% homology with VIP and is presented in two forms, PACAP27 and PACAP38 (dominant) (MUTT, 1988; REFAI et al., 1999; REUBI, 2003; VIRGOLINI et al., 1996). Expressed in the nervous, endocrine and immune systems (including thymocytes, macrophages and lymphocytes), in addition to different somatic tissues (CUTZ et al., 1978; MARTINEZ et al., 1999) VIP and PACAP are capable of influencing the physiological regulation of various systems such as the endocrine and immune system by functions including vasodilation and immunoregulation (GOZES; FURMAN, 2003).

The receptors of VIP are called VPAC1 and VPAC2 (both with high affinity for VIP and PACAP) and in turn PAC1, the PACAP receptor, exhibit selective affinity only for the same (HARMAR et al., 1998, 2004; REUBI, 2003). In most cell types, including osteoblasts, PACAP appears as a more effective stimulator in the formation of cAMP than VIP (LUNDBERG et al., 2001; MUKOHYAMA et al., 2000); and PACAP is able to regulate several physiological processes including cell migration the same way that VIP (COCHAUD et al., 2010).

Even with the large number of cells potentially producing VIP and PACAP, studies related to their function in the bone system are scarce (JONES et al., 2004; JUHÁSZ et al., 2015; NAGATA et al., 2009; PERSSON; LERNER, 2011; SANDOR et al., 2014). The intrinsic activity of VIP occurs in the N-terminal portion and the responsibility for binding the receptors rely on by the C-terminal portion. The elimination of the N-terminal sequence reduces peptide affinity by the receptors and progressively their efficacy, for example, the VIP2-28, VIP3-28 and VIP4-28 fragments are partial agonists with progressive decrease of the intrinsic activity, whereas the fragment VIP10-28 is considered an antagonist (GOURLET et al., 1997). In the case of PACAP, one of the most important PAC1 receptor antagonists is known as PACAP6-38; this fragment does not have the first five amino acids in its N-terminal portion and is also identified as a receptor antagonist (JUHÁSZ et al., 2015).

A common dialogue between nervous, immune, and bone systems, during normal or pathological conditions, produces cytokines capable of broad interaction, promoting cross-talk between common mediators. In this context, PACAP and VIP are highly related neuropeptides; nerve fibers and immune cells present in bone tissue are a source of VIP and PACAP where both are involved the regulation of bone metabolism by local release into tissue (ABAD; TAN, 2018; WINDING; WILTINK; FOGED, 1997). Acting as a potent anti-inflammatory mediator capable of inhibiting the activation of macrophages and T lymphocytes, VIP can also be characterized as a "Th2 profile cvtokine" (DELGADO; GANEA, 2001), with the capacity to regulate pro- and antiinflammatory mediators (GOZES; FURMAN, 2003), as well the expression of costimulatory molecules such as B7-2 (CD86), preferentially modulating the promotion of Th2 type responses (DELGADO; GANEA, 2001; GOMARIZ et al., 2001), promoting the inhibition of osteoclasts; however some studies also describe a more efficient activity of osteoclasts when treated with VIP (RANSJÖ et al., 2000). Activation of VIP receptors expressed on osteoblasts (BJURHOLM et al., 1992; HOHMANN; LEVINE; TASHJIAN, 1983; LUNDBERG et al., 2001) leads to an increased activity and expression of mRNA for ALP, as well as an increased mineralization (LERNER; PERSSON, 2008), promoting the induction of collagen and decreased activity and formation of osteoclasts (DELGADO et al., 2001).

In addition to VIP effects on bone cells function, depending on the activation of osteoclasts and recruitment of progenitor cells (MUKOHYAMA et al., 2000; SUDA; UDAGAWA; N, 2002), VIP plays an important role in the formation and activation of the osteoclasts, being associated with a decrease in mRNA for RANKL, demonstrating not only the ability to inhibit osteoclastogenesis, through the expression of its receptors in stromal cells / osteoblasts, but also through a direct effect on osteoclast progenitor cells (LERNER; PERSSON, 2008). Furthermore, studies have demonstrated a protective effect on experimentally induced bone destruction in arthritis, where the decrease in levels of cytokines such as IL-1, IL-6, IL-11, IL-17 and TNF- α has been observed, and in the proportion of RANKL/OPG, mainly by increasing OPG levels, whereas IL-4 and IL-10 levels were high (LERNER; PERSSON, 2008; WANG et al., 2007). This capacity is due to the inhibitory action in the main signaling cascades, common to the expression of several pro-inflammatory mediators modifying Th responses (ABAD; TAN, 2018), also being able to negatively regulate co-stimulatory signals such as CD80 and CD86 from macrophages in different levels (GANEA;

DELGADO, 2001a) inhibiting phagocytic activity, the production of free radicals, adhesion and migration of macrophages and neutrophils. In this context, VIP is also able to negatively regulate iNOS expression and subsequent release of nitric oxide, and in parallel increasing IL-10 production, and the inhibition of TLRs (GONZALEZ-REY; CHORNY; DELGADO, 2007).

In this context, the identification of the presence of VIP and PACAP in bone repair sites reinforces their potential involvement, acting on the polarization of a pro-wound healing profile or subsidizing the cells polarization in these sites depending on the conditions of repair or illness. It is also important to consider the potential immunoregulatory role of neuropeptides in distinct environments, such as chronic inflammatory osteolytic lesions, such as periapical lesions.

The bacterial infection of the root canal system triggers a complex host inflammatory immune response at periapex, which ultimately determine the outcome of periapical lesions (GRAVES; OATES; GARLET, 2011). Pro-inflammatory mediators and certain helper (Th) subsets, such as Th1 and Th17 cells, can independently or cooperatively mediate the breakdown of soft and mineralized tissues at periapex by locally increasing the proteolytic activity and bone resorption mechanisms, while theoretically limits the local tissue repair (ARAUJO-PIRES et al., 2014a; COLIĆ et al., GRAVES; OATES; GARLET, 2011). Conversely, immunoregulatory 2009; mechanisms, involving mesenchymal stem cells (MSCs), Th2 and Tregs, can be activated throughout lesion development to counteract the pro-inflammatory and tissue destructive pathways, limiting further tissue destruction and even stimulating healing (FRANCISCONI et al., 2016, 2018; GRAVES; OATES; GARLET, 2011). Indeed, both MSCs, Th2 and Tregs are essential elements of immunoregulatory response that naturally takes place in experimental periapical lesions over time, which results in the switch of lesions phenotype into inactive/non-progressive state (FRANCISCONI et al., 2016, 2018; SOUZA-MOREIRA et al., 2011). Importantly, human periapical lesions support the protective role of such cellular subsets at periapex (FRANCISCONI et al., 2016; GANEA; RODRIGUEZ; DELGADO, 2003). However, the factors involved in the activation of MSCs and Tregs, which leads to the switch in the lesion's phenotype, remains unclear.

In this context, VIP (vasoactive intestinal peptide) have been described as a potent immunoregulatory molecule, which can also influence the biology of bone and immune cells (GANEA; RODRIGUEZ; DELGADO, 2003; SOUZA-MOREIRA et al.,

2011), as previously mentioned. However, at this point, it is important to consider that the chronic inflammatory osteolytic milieu that characterizes periapical lesions significantly differ in its nature when compared with the transitory inflammatory infiltrate observed in alveolar bone healing sites. Indeed, while innate immunity elements prevail in bone healing sites, the chronic nature of periapical lesions results in a marked involvement of adaptive immunity in the lesions pathogenesis. Indeed, as previously mentioned, diverse T cell subsets can be present in periapical environment, and the differential Th polarization/commitment can define the outcome of periapical lesions.

In this framework, VIP immunoregulatory properties over leukocytes can exceed the putative targeting of macrophages that allegedly takes place in bone healing sites, since the presence of distinct T helper subsets in periapical lesions results in additional targets to VIP in this environment. Indeed, VIP can inhibit Th1 and Th17 cells while boosting Th2 and Tregs activity (ARAUJO-PIRES et al., 2014b; GANEA; RODRIGUEZ; DELGADO, 2003; ÖZDEMIR et al., 2019; SOUZA-MOREIRA et al., 2011), reinforcing its potential regulatory action in periapical lesions. In periapical lesions context, scarce previous studies describe the expression of VIP in chronic periapical lesions, in levels inversely proportional to lesion size (AZUERO-HOLGUIN et al., 2003; CAVIEDES-BUCHELI et al., 2007). Additionally, intracanal calcium hydroxide resulted in increased VIP levels, suggesting its potential involvement in periapical healing (ÖZDEMIR et al., 2019).

However, the few studies to date only suggest a theoretical immunoregulatory role for VIP in periapical environment, which remains to be confirmed in a cause-and-effect way. Therefore, in this study we investigated the patterns of VIP expression in human and experimental periapical lesions, as well the effect of recombinant VIP therapy in experimental lesions outcome. Additionally, the potential involvement of Th2 and Tregs in the immunoregulatory effects of VIP were investigated.

As this point, we present here three articles on the subject, aiming to determine the role of VIP and PACAP in the M2 polarization and the impact on the subsequent alveolar bone repair process (Articles 1 and 2), as well as verify its expression and the role of VIP in periapical lesions in addition to its potential regulatory role treatment in experimental model (Article 3).

The first article (in preparation), presents the VIP involvement in the alveolar bone healing process.

The second article (in preparation), presents the PACAP involvement in the alveolar bone healing process.

And finally the third article (in press), presents the results of the investigation (in a cause-and-effect manner) the potential involvement of VIP in the development of human and experimental periapical lesions.

ARTICLES

2 ARTICLES

The articles presented in this thesis were written according to the instructions and guidelines for article submission of the corresponding journals

- Article 2.1 VIP modulatory effects in macrophages during the process of alveolar bone healing.
- Article 2.2 PACAP modulatory capacity during the experimental alveolar bone healing process.
- Article 2.3 Vasoactive intestinal peptide (VIP) immunoregulatory role at the periapex: associative and mechanistic evidences from human and experimental periapical lesions (in press).

Article 2.1

VIP modulatory effects in macrophages during the process of alveolar bone healing

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ABSTRACT

Host inflammatory immune response have been described as an essential step of bone healing process. In this context, immunoregulatory molecules that consequently modulate inflammatory cell migration, and the subsequent bone repair, have been considered as potential targets for improving bone repair. This study aim evaluate the experimental role of the immunoregulatory molecule VIP (Vasoactive Intestinal Peptide) in the process of alveolar bone healing in C57BI/6 (WT) mice. Experimental groups, submitted to tooth extraction and maintained under control conditions or treated with VIP and VIP antagonist (GRF 1-29, antiVIP); evaluated by microtomographic (µCT), histomorphometric, immunohistochemical and molecular analysis at 0, 3, 7 and 14 days to quantify tissue repair and host response indicators at the repair site. The µCT results show no significant difference between the VIP and antiVIP groups in relation to hyperdense regions compared to the control group. Histomorphometric analysis showed a faster formation of connective tissue in the treated groups compared to the control, as well as increased bone matrix and osteoclast density in the VIP and antiVIP groups. Inflammatory cell counts/density were higher in the treated groups compared to the control group; immunohistochemical analyzes demonstrate that VIP and antiVIP groups had a lower F4/80+, CD80+, VIP+ and PACAP+ cell count and an increase in CD206+ cells, followed by verification of altered expression of growth factors, bones and immunological markers. Our results, in turn, suggest that the increase of CD206+ in the early periods of the bone repair process modulates the natural course of healing, promoting the decrease in CD80+ cell migration/polarization, and resulting in the increase in the new formed bone observed in VIP and antiVIP groups. The treatments, enhanced the M2 response was able to positively modulate the initial M1 response without eliminating it, which can be observed by bone formation within the alveoli, suggesting compensatory mechanisms, or a change in cell profile, to restore.

Keywords: VIP, Bone healing, M2 macrophages, osteoimmunology

INTRODUCTION

Bone is an extremely dynamic tissue that provides mechanical support, protection and serves as a mineral reservoir. Bone properties are closely related to its high remodeling capacity, which allows its adaptation to mechanical stimuli, mobilization of mineral components and confers to the bone a significant healing capacity, as the result of the cooperative action of bone formative and resorptive cells. Indeed, a dynamic interplay between osteoblasts, osteocytes and osteoclasts is required to maintain bone homeostasis and function. Importantly, bone cells are susceptible to the influence of numerous endocrine and immune systems derived factors, which can influence bone homeostasis and its capacity to respond to injury (1–3).

Regarding the interaction between bone and immune systems, bone healing depends on a transitory inflammatory process, where innate immune system cells allegedly are mobilized to injury site to remove cell or matrix debris and to regulate tissue repair. Although the exact mechanisms involved in the bone healing process from the local immunoregulation viewpoint remains unknown, tissue repair studies generally point to macrophages as key components in such a process (4,5). While classically considered as proinflammatory cells, macrophages may present distinct functional phenotypes, termed M1 and M2 (6,7). The original definition of M1 and M2 macrophage is derived from the effects of prototypic Th1 and Th2 cytokines (8,9) over macrophages. The differentiation that occurs in the presence of IFN- γ , TNF- α or LPS presence, results in an inflammatory phenotype called M1. On the other hand, macrophages can also develop a regulatory and/or repairing phenotype in response to IL-4, called M2, and thus act in the control of tissue response and repair (6,7,10–12). During the healing, M2 macrophages utilize arginase to convert L-arginine to L-ornithine, a precursor components of collagen, also angiogenic and growth factors that are important components in tissue repair (8,13,14).

Interestingly, general tissue repair usually involves an initial M1 polarization that typically shifts toward a pro-wound healing phenotype M2 over time (15,16). While there are few studies specifically focused in the potential role of macrophages subsets in bone repair (17–20) the immune response at bone injury sites initially involves the predominance of proinflammatory cytokines associated with the presence of M1 macrophages, followed by the subsequent production of anti-inflammatory factors and

the transition to an M2 profile dominance (15). Importantly, M1 to M2 transition have been described as an important component of healing process, also associated with the inflammation resolution at healing sites, being a persistent or non-resolving inflammatory response associated with impaired healing (21).

Considering that the macrophage polarization occurs in the response site, the local microenvironment theoretically has a determining role in the polarization of macrophages that migrate to the response sites.

Among the factors that could control M1 and M2 polarization along bone healing, it would be natural to suggest a possible involvement of IFNγ and IL-4, the cytokines originally described as inducers of such polarization (7,10–12). However, we must consider that macrophage polarization occurs in the response site local microenvironment, and previous studies demonstrate that such cytokines expression in the repair sites is low, possibly due the preponderantly innate immunity nature of the response, which result in a relative absence of T cells in such sites(22).

In this context, recent studies have been demonstrated that other molecules are capable of modulating macrophages polarization, such as the VIP-PACAP system. PACAP (pituitary adenylate cyclase activating polypeptide) and VIP (vasoactive intestinal peptide) are described are highly homologous peptides (68% homology), which once produced/released by local innervation or activated immune cells present immunoregulatory properties over multiple cell types, including macrophages and bone cells, via its binding to specific receptors VPAC1 and VPAC2, both with high affinity for VIP and PACAP; and PAC1, an exclusive PACAP receptor (23).

Focusing specifically on VIP, this important neuropeptide is expressed in the nervous and other somatic tissues, and in endocrine and immune systems (24,25), influencing/regulating distinct physiological functions (26). Remarkably, VIP broad spectrum of biological functions includes the modulation of both innate and adaptive immunity, being able to down-regulate pro-inflammatory factors in multiple immune-mediated diseases (27–29). This immunoregulatory capacity is due to the inhibitory actions in signaling cascades involved in the production of several pro-inflammatory mediators and in the development Th responses (30), negatively regulate co-stimulatory signals such as CD80 and CD86 from macrophages in different levels (31).

The presence of nerve fibers immunoreactive for VIP in the bone suggests the involvement of this neuropeptide in the local bone cell metabolism regulation (32). Indeed, VIP affects both osteoblasts and osteoclasts through regulation of cell activity and expression of osteotropic factors, including IL-6 and the RANK/RANKL/OPG system, suggesting that VIP may have a role in bone metabolic processes by acting as a fine tuner of bone cell function through a neuro-osteological interplay (33–36). Additionally, VIP presents the capacity to regulate pro and anti-inflammatory mediators (26) and to increase ALP mRNA expression and activity, and increase mineralization (33), and to decrease osteoclasts formation and activity (31).

In addition, VIP effects on bone cells function, depending on the activation of osteoclasts and recruitment of progenitor cells (37,38), playing an important role in the formation and activation of the osteoclasts, being associated with a decrease in mRNA for RANKL, demonstrating not only the ability to inhibit osteoclastogenesis, through the expression of its receptors in stromal cells/osteoblasts, but also through a direct effect on osteoclast progenitor cells (33). Furthermore, studies have demonstrated a protective effect of VIP in bone associated inflammation (33), where the decrease in levels of cytokines such as IL-1, IL-6, IL-11, IL-17 and TNF- α has been observed such as by increasing OPG levels; whereas IL-4 and IL-10 levels were higher such as the inhibition of TLRs, while in parallel decrease the iNOS expression and subsequent release of nitric oxide (33,39–41).

Therefore, the aim of this study was to determine the role of VIP treatment in mice due to a possible M2 polarization and its impact in the process of alveolar bone healing, as well investigate the potential mechanisms by which this factor exerts this control.

MATERIALS AND METHODS

Animals

The experimental groups consisted of 8-week-old wild type (WT) mice acquired from Ribeirão Preto Medical School (FMR/USP) breeding facility, maintained during the experimental period in the Department of Biological Sciences of FOB/USP facility. During the study period, the mice were fed with standard sterile solid feed of mice (Nuvital, Curitiba, PR, Brazil) and sterile water. The experimental protocol was

approved by the Institutional Committee for Care and Animal Use and by Guide for the Care and Use of Laboratory Animals (CEEPA-FOB/USP, process # 001/2016).

Experimental Protocol and mice tooth extraction model

Male and female (on the same proportion) C57BL/6 wild type (WT) mice, were treated (experimental groups) or not (control group) with VIP (Sigma Aldrich – Catalog number V6130 - 0.05mg/kg IP, 24/24h) or VIP Antagonist-GRF 1-29 (Sigma Aldrich – Catalog number SCP0260; 0.05mg/kg IP, 24/24h), beginning 1 day prior to the upper right incisor extraction and throughout the experimental periods (0, 3, 7 and 14 days post tooth extraction), subsequently, were anesthetized by intramuscular administration of 80mg/kg of ketamine chloride (Dopalen, Agribrans Brasil Ltda) and 160mg/kg of xylazine chloride (Anasedan, Agribrands Brasil Ltda) in the proportion 1:1 according to the animal body mass. In the end of the experimental periods, animals were killed with an excessive dose of anesthetic and the maxillae were collected (N=5 group/time) for microtomographic (µCT), and then prepared for histomorphometry, immunohistochemical and collagen birefringence analysis or submitted to molecular analysis by Real Time PCR Array (N=4 group/time).

Micro-computed tomography (µCT) assessment

The samples were scanned by the Skyscan 1174 System (Skyscan, Kontich, Belgium), at 50 kV, 800 µA, with a 0.5 mm aluminum filter and 15% beam hardening correction, ring artifacts reduction, 180 degrees of rotation and exposure range of 1 degree. Images were captured with 1304 x 1024 pixels and a resolution of 14µm pixel size. Projection images were reconstructed using the NRecon software and three-dimensional images obtained by the CT-Vox software. Morphological parameters of trabecular bone microarchitecture were assessed using the CTAn software in accordance with the recommended guidelines (42). A cylindrical region of interest (ROI) with an axis length of 3 mm and diameter of 1mm was determined by segmenting the trabecular bone located from the coronal to apical thirds. Measurements included the tissue volume (TV), bone volume (BV) bone volume fraction (BV/TV, %), trabecular thickness (Tb.Th, mm), trabecular number (Tb.N, mm), and trabecular separation (Tb.Sp) (22,42–44).
Histomorphometric analysis

Serial sections (8 semi-serial sections of each maxilla, with a 5 µm thickness for each section) were obtained using a microtome (Leica RM2255, Germany) and stained with HE (hematoxylin and eosin). Morphometric measurements were performed by a single calibrated investigator with a binocular light microscope (Olympus Optical Co., Tokyo, Japan) using a 100x immersion objective and a Zeiss kpl 8X eyepiece containing a Zeiss II integration grid (Carl Zeiss Jena GmbH, Jena, Germany) with 10 parallel lines and 100 points in a quadrangular area. The grid image was successively superimposed on approximately 13 histological fields per histological section, comprised of all tooth sockets from the coronal limit adjacent to the gingival epithelium until the lower apical limit. For each animal/socket, sections from the medial were evaluated. In the morphometric analysis, points were counted coinciding with the images of the following components of the alveolar socket: clot, inflammatory cells, blood vessels, fibroblasts, collagen fibers, bone matrix, osteoblasts, osteoclasts and other components (empty space left by extracellular liquid and bone marrow); similar to previous descriptions (22,44–47). The results were presented as the mean of volume density for each evaluated structure.

Collagen birefringence analysis

The Picrosirius-polarization stain method and the quantification of birefringent fibers were performed to assess the structural changes in the newly formed bone trabeculae matrix, based on the birefringence of the collagen fiber bundles as previously described (22,44,48,49). Serial sections (8 semi-serial sections of each maxilla) with 5µm thickness were cut and stained by Picrosirius Red; all sections were stained simultaneously to avoid variations due to possible differences in the staining process. Picrosirius Red-stained sections were analyzed through a polarizing lens coupled to a binocular inverted microscope (Leica DM IRB/E), and all images were captured with the same parameters (the same light intensity and angle of the polarizing lens 90° to the light source). AdobePhotoshopCS6 software was used to delimit the region of interest (alveolar area comprised of new tissue with the external limit comprised of the alveolar wall). The quantification of the intensity of birefringence brightness was performed using the AxioVision4.8 software (CarlZeiss, Oberkochen, Germany). For quantification, the images were binarized for definition of the green, yellow and red color spectra, and the quantity of each color pixels² corresponding to the total area

enclosed in the alveoli were measured. Mean values of 4 sections from each animal were calculated in pixels².

Immunohistochemistry analysis

Histological sections were deparaffinized following standard procedures. For antigen retrieval, citrate buffer solution was used in a steamer (96/98°C, 30'). After that, the material was incubated with 3% Hydrogen Peroxidase Block (Spring Bioscience Corporation, CA, USA) and subsequently with 7% NFDM to block serum proteins. The histological sections from of all groups were incubated with Ly6g-Gr1 polyclonal antibody - sc-168490 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), F4/80 (A-19) polyclonal antibodies - sc-26642 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), B7-1 CD80 (H-208) monoclonal antibody - sc-9091 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), CD206 (C-20) polyclonal antibody - sc-34577 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), VIP (M19) polyclonal antibody - sc-7841 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), PACAP (C-19) polyclonal antibody - sc-7840 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), CD3-E (M-20) polyclonal antibody (sc-1127) (Santa Cruz Biotechnology, Santa Cruz, CA, USA) at manufacturer's indication concentrations for 1 hour at room temperature. The identification of antigen-antibody reaction was performed using 3-3'-diaminobenzidine (DAB) and counter-staining with Mayer's hematoxylin. Positive controls were assessed in mouse spleen for positive Gr1, F4/80, CD80, CD206, CD3, PACAP and VIP receptors. The analysis of immunolabeled cells was performed by a single calibrated investigator with a binocular light microscope (Olympus Optical Co., Tokyo, Japan) using a 100x immersion objective. The quantitative analysis for the different markers was performed throughout the alveolar extension. The absolute number of immunolabeled cells was obtained to calculate the mean for each section.

Real Time PCR array reactions

Real Time PCR array reactions were performed as previously described (50,51). In short, extraction of total RNA from the remaining alveolus was performed with the RNeasy Plus kit (Qiagen Inc, Valencia, CA) according to the manufacturers' instructions. The integrity of the RNA samples was verified by analyzing 1µl of total RNA in a 2100Bioanalyzer (Agilent Technologies, Santa Clara, CA) according to the

manufacturers' instructions, and the complementary DNA (cDNA) was synthesized using 1mg of RNA through a reverse transcription reaction QuantiTect Rev Transcription kit (Qiagen Inc, Valencia, CA). Real Time PCR array was performed in a Viia7 instrument (Thermo Fisher Scientific, Carlsbad, CA) using a custom panel containing targets "Wound Healing" (PAMM-121), "Inflammatory cytokines and receptors" (PAMM-011) and "Osteogenesis" (PAMM-026) (SABiosciences, Frederick, MD) for gene expression profiling. Real Time PCR array data were analyzed by the RT² profiler PCR Array Data Analysis online software (SABiosciences, Frederick, MD) for normalizing the initial geometric mean of three constitutive genes (GAPDH, ACTB, Hprt1) and subsequently normalized by the control group, and expressed as fold change relative to the control group; as previously described (44).

Statistical analysis

Data were presented as means \pm SD, initially the data distribution were tested by the Kolmogorov-Smirnov normality test. The statistical significance inside the group was analyzed by Kruskal-Wallis followed by Dunn posttest or by Mann-Whitney test, while the statistical significance between periods was analyzed by Student's t tests. Both were performed with Graph-Pad Prism 7.0 software (GraphPad Software Inc, San Diego, CA). Real Time PCR array data were analyzed by the Mann-Whitney test followed by Benjamini-Hochberg test. Values of p< 0.05 were considered statistically significant.

RESULTS

Analysis of bone microarchitecture parameters by micro-computed tomography (µCT)

After the surgeries, maxillae samples from control and experimental groups, were compared based on experimental time (0, 3, 7- and 14-days post-exodontia), using three-dimensional reconstruction by CT-Vox software (Bruker, Billerica, Massachusetts, EUA). In all groups evaluated, it was observed that in the immediate period after extraction the alveolus was completely empty, with absence of hyperdense areas. Corroborating with previous studies based on the microtomographic analysis (45,52), we verified that the alveolar bone repair occurred in a centripetal manner, becoming confluent until filling the entire extension of the alveolus (Figure 1). Three

and seven days after the surgical procedure the presence of discrete regions of bone neoformation close to the cortical bone was observed, following to the central region. At 14 days, a well-evident bone new formation was observed, with a trabeculae formation in the central region, without differences between the groups (Figure 1). The characteristics of bone microarray was performed employing the CTAn software (Bruker, Billerica, Massachusetts, EUA), and the following parameters were considered: bone volume (BV mm³), tissue volume (TV mm³), percentage of bone in relation to total tissue volume (BV/TV %), trabeculae thickness (Tb.Th mm), number of trabeculae (Tb.N 1/mm) and separation of trabeculae (Tb.Sp mm) (Figure 2). In the VIP and VIP Antagonist (antiVIP) groups, as well in the control group, was observed that during the periods, there was a progressive increase in bone volume (Figure 2B), percentage of bone in relation to total tissue volume (Figure 2C), trabeculae thickness (Figure 2D) and in the number of trabeculae (Figure 2E) and as expected, it occurred a decrease in the separation of the trabeculae (Figure 2F), following the expected kinetics of the evolution in the process of alveolar bone healing. When the experimental time were compared between to the groups, there was no statistically significant variation in the µCT analysis. Importantly, no significant differences were observed in healing features in males and females, used in equivalent numbers in the experiments (data not shown).

Comparative histomorphometric analysis

Connective tissue, clot and other structures

Based on the histomorphometric analysis, our results corroborate with the microtomographic findings, showing a similar pattern in the bone healing process between the control and the treated groups (Figure 3). On the other hand, when the total area of connective tissue was measured, a significant difference was observed between the control and the antiVIP groups in the 7-days experimental period, showing a little density of connective tissue in the treated group. Regarding the kinetics of the healing, the control and the treated groups showed a progressive increase of the connective tissue starting in 3 to 7 days followed by a decrease in 14 days in the analyzed groups (Figure 4A). Considering the density of the collagen fibers (Figure 4B), the same pattern was observed in the antiVIP treated group, with a significant smaller density of the fibers in the group. About the density of fibroblasts occupied area (Figure 4C), in the control and in the VIP groups were observed an increase in 3 to 7

days, followed by a decrease in 14 days. However, unlike the two other groups, in the group treated with antiVIP the density of fibroblasts was significant decreased in the period of 7 days, being like the control and the VIP groups in relation to the decrease observed at 14 days.

Regarding the blood vessels area density, similar to previous mentioned parameters about the kinetics, the area occupied by blood vessels increased gradually from 3 to 14 days, with a significant difference between the VIP treated group compared to the control group in the 3-days experimental period, being smaller in the treated group (Figure 4D). As regards the area of inflammatory infiltrate, when the control and the VIP groups were compared a little similar kinetics could be observed. In relation to kinetics, was observed in all groups an increase between the periods 0 to 3 days, but in the group that received the antiVIP the density was significant higher in 7 days opposite to what occurs when the control and the VIP treated group was compared. After this initial process, in 14-day period, as was expected, was observed a decrease in the density of inflammatory cells in all analyzed groups (Figure 4E).

Analyzing the blood clot density, was observed that there was no difference between control and the groups that received treatment presenting a similar kinetics in all groups, starting with a peak of blood clot in 0-day followed by an intense decrease (Figure 4F). In relation to the parameter called "other structures", was not observed differences between the groups. This parameter refers to the empty spaces occupied by interstitial fluid, which gradually decreased over the periods in all groups evaluated, with no significant difference between the groups (Figure 4G).

Bone tissue structures

In this parameter, the bone tissue was represented by bone matrix, osteoblasts and osteoclasts (Figure 5A). In relation to the kinetics, the groups presented the same pattern, with a progressive increase and a higher density in the 14 days period for all evaluated groups with no significant differences between groups. In the individual analysis of the components, was observed that amount of new formed bone matrix was higher in the animals treated with antiVIP when compared to the animals of the control group and treated with VIP in the 7 days period, this result confirms the reason for the decrease in connective tissue observed in the same group in this period. When

the 14-days period was compared a significant increase were observed in the VIP treated group in relation to the control and the antiVIP treated groups (Figure 5B).

Regarding the area density occupied by osteoblasts, there was no significant differences when the groups were compared, however an increase at 7 and 14 days in the group treated with antiVIP was observed in relation to the control and the VIP groups, being smaller in the VIP group (Figure 5C). To conclude the bone elements analysis, we observed that the density of osteoclasts was significant smaller in the antiVIP group when compared to the control group in the period of 7 days and was increased in the antiVIP and VIP groups in the period of 14 days. In its turn, in relation to the kinetics, it was observed an expected increase only in the period of 14 days verified in all the groups, showing the beginning of the tissue remodeling process (Figure 5D).

Collagen birefringence analysis

For birefringence analysis, was verified comparatively the formation and maturation of the collagen matrix in the evaluated groups, through collagen fibers stained by Picrosirius Red and analyzed under polarized (Figure 6A) and non-polarized (Figure 6B) light. In the categorization of color spectra, birefringent fibers within the green color spectrum are related to a less organized and immature matrix. In contrast to these, fibers with a color spectrum varying from yellow to red are related to a matrix with a higher degree of organization and maturation (49,53).

Regarding the quantitative analysis of birefringence of the total area (pixels²) of the collagen fibers present in the alveoli, was observed that the number of pixels had a progressive increase in relation to the periods in all groups with a significant difference in the periods of 7 and 14 days, respectively when compared the control and VIP-treated group (Figure 6C). Regarding the percentage of pixels representing the birefringent fibers in the green, yellow and red, about the total of quantified pixels in each period, it was observed that the kinetics of the production and maturation of the collagen fibers occurred in a decreasing way for the green fibers and increasing form for the red fibers, the yellow fibers in turn remain in a smaller quantification that follows during all the periods during the course of the repair process being this pattern observed in all the analyzed groups (Figure 6D). Thus, it was observed that the three-

color spectra were arranged to form the bone matrix of the new formed trabeculae in all groups analyzed along the bone repair with no statistical differences.

Immunohistochemistry analysis of Ly6g-Gr1, F4/80⁺, CD80-B7-1⁺, CD206⁺, CD3⁺, PACAP⁺ and VIP⁺ cells

In order to verify the influence of macrophages and another inflammatory cells in the healing site, the immunolabeling was performed to F4/80, CD80 (B7-1), CD206, CD3 and GR1(Ly6g) targets (Figure 7). In addition, VIP and PACAP markers (Figure 8) were included to verify the cell production of these neuropeptides during the healing process, as well to verify the efficiency of the antagonist in the receptors VPAC1 and VPAC2. Analyzing each marker separately, how a marker for undifferentiated macrophages (M0) was used the F4/80 target. For this marker, the number of immunostained cells was in general superior in the control group when compared with treated groups, presenting a significant higher number of stained cells in the period of 7 and 14 days compared with the treated groups (Figure 9A).

Considering CD80⁺ cells (M1 macrophages), a decreasing number of immunolabelled cells from 3 days in the control group was observed which cannot be observed in the treated groups. In addition, a small number of cells was observed in all periods in relation to the control with significant differences in the period of 3 days to the antiVIP treated group and 3 and 7 days to the VIP treated group. Also, a significant difference between the AntiVIP and the VIP was observed in 3 days, being higher the number of cells stained in the group that received the treatment with VIP (Figure 9B).

For CD206⁺ immunolabeled cells (M2 macrophages) was observed a progressive increase in control group. In treated groups the number of cells immunostained was higher compared to the control with the highest number verified in the AntiVIP treated group being the increase significant in the periods of 3 and 7 days and in the VIP treated group there was a significant increase in 7 and 14 days in comparison with the control group, in the other hand occurs a decrease in 14 days to both treated groups unlike that observed in the control group (Figure 9C).

For the GR1 target, in the control group the highest number of cells was observed in 3 days gradually decreasing in 7 and 14 days. For the group treated with AntiVIP, no significant differences were observed when compared to the control group, in its turn;

in the VIP-treated group, the number of positive cells was significant higher at 7 days when compared with the control and with the antiVIP-treated group (Figure 9D).

When CD3-labeled cells were analyzed, in the control group the number of labeled cells was similar in all periods being a few greater in 14 days. In the antiVIP-treated group the number of positive cells was lower in the 3 and 7 days, but higher in 14 days when compared with the control group. In the group treated with VIP the kinect was also similar to the control group, but marked cells were more observed at 3 and 14 days in relation to the control group with no significant differences between groups (Figure 9E).

In the cells labeled for VIP, the expression of positive cells was higher in the control group compared to the antiVIP and VIP groups, with a significant higher number of cells immunolabelled in 3 and 7 days (Figure 10A). Due to their homology with VIP, cells labeled for PACAP were also evaluated in this study. For PACAP, the number of positive cells immunolabelled in the control group was significant higher in the period of 3 days when compared to the treated groups, and significant decreased in the 14 days compared to the VIP-treated group. Besides that, there was a significant decrease in the group treated with VIP when compared to antiVIP-treated group (Figure 10B).

Molecular analysis using Real Time PCR Array

The gene expression of several molecules involved in inflammatory response and bone healing, considering growth factors, immunological/inflammatory markers, extracellular matrix and bone markers was investigated employing a pool of samples from 0, 3, 7- and 14-days periods analyzed using Real Time PCR array (Figure 11). Among several growth factors, the expression of BMP7, Fgf2 and TGFβ1 were down regulated in the antiVIP group when compared with the control group, at the same time as the VEGFA expression was down regulated in both the antiVIP group and the VIP-treated group in relation to the control group. Considering the immunological markers analyzed (cytokines, chemokines, chemokine receptors and inflammatory mediators) the expression of IL-1b was down regulated in the VIP group while IL-17, FIZZ, CXCR1, CXCR3, CX3CL1 and CCL20 were up regulated in the same group; in the meantime, the antiVIP-treated group was down regulated to CCL20. In respect to IL-6, TNF, CCR2, CCR5, CCL2, CCL5 and CCL12 both were down regulated to VIP and

antiVIP and up regulated to ARG and IL-10 to the same groups. Subsequently, the extracellular matrix markers, Col1a2, CD34, CD146 and ALP were up regulated in the bone healing process in the antiVIP-treated group; while MMP13 and CTSK were up regulated for both the antiVIP and VIP-treated groups. In the same time, MMP1a and MMP2 were down regulated in the antiVIP and VIP groups. Regarding to MMP8 and MMP13, both were up regulated in VIP-treated group and down regulated to PHEX (a late bone formation marker) to the same group.

DISCUSSION

During the healing process, several orchestrated events contributes to the repair success. Among the main events, the inflammatory immune response depends on interactions between bone, immune and nervous systems, promoting a cascade of common mediators (54). However, the exact role of inflammatory immune response in bone healing and its association with neurotrophic factors is still unclear and most studies have focused on the influence of cells and immunological mediators on osteoclast activation and on the bone resorption process (55,56). In our study, we observed that the VIP administration and inhibition results in a statistically significant increase of newly formed bone and associated with an increase in anti-inflammatory profile along the repair process.

In the view of the unexpected similar outcomes of recombinant VIP administration and VIP receptors (VPAC1 and VPAC2) inhibition, and the predominance of studies based in VIP administration instead of inhibition in the literature, we will initially will discuss how recombinant VIP affects alveolar bone healing outcome. In order to consider the possible sources of VIP interference in bone healing outcome, this discussion will follow the kinetics of bone repair events and its associated readouts/markers investigated in this study.

Considering the bone formation as the main healing readout, µCT demonstrate that were no statistically significant differences between VIP-treated group and the control group in any of the evaluated periods. However, histomorphometric analyzes revealed significant differences in healing parameters. Regarding to the bone tissue

components, the bone matrix and osteoclasts density were significantly increased in VIP group when compared with the control.

It is known that immediately after the exodontia, the first stage of the repair process consists in the formation and subsequent maturation of the blood clot. Such a process initiates a series of cellular and molecular events that gradually result in the establishment of granulation tissue and the inflammatory process, so that the organized clot serves as a provisional framework to the invasion of constitutive cells, leukocytes and formation of new blood capillaries (22,57,58). In respect to the clotting and connective tissue elements, no differences were observed between the VIP and control groups in the histomorphometric analysis. Conversely, birefringence analysis demonstrate a no significant increase in the total pixels in the VIP-treated group in the periods of 7 and 14 days, suggesting an increased collagen fibers density in this group. However, the molecular analysis did not evidenced significant variations in the collagen mRNA levels upon VIP and control group comparison. Interestingly, previous studies suggests that VIP can increase fibroblasts proliferation and collagen I synthesis in the skin (59). Additionally, the histomorphometric analysis demonstrated a decrease in blood vessels in VIP group, which is reinforced by the decreased expression of VEGFA observed in this group. Indeed, previous studies demonstrate that VIP can increase angiogenesis by the upregulation of VEGF (60,61).

Along granulation connective tissue development, its infiltration by different leukocyte subsets supposedly have a significant impact in healing process outcome. In this scenario, it is believed that inflammatory cells such as macrophages, derived from monocytes and recruited to healing sites by chemotactic mechanisms usually at the end of the acute inflammatory phase (62), play a key role in phagocytosis of clot and tissue residues, allowing the filling of the alveoli by a highly vascularized connective tissue that will support the subsequent bone formation (1,63,64).

It is important to consider that the inflammatory response and cell migration in the healing process is described to start as a pro-inflammatory response and replaced by an anti-inflammatory or healing profile over time (15). Accordingly, our results demonstrate that a progressive decrease of CD80+ cells followed by a subsequent increase of CD206+ cells was observed in the control group.

Importantly, it was observed that VIP administration resulted in a reduction of total F4/80+ and CD80+ cell counts and in the increase of CD206+ immunolabelled cells, which in theory characterizes this cells as a dominance of M2-type macrophages over M1 subset in the healing sites. Accordingly, previous studies described the potential VIP modulation for an M2 profile (27,65). Also, the molecular analysis demonstrated a decrease in the expression of CCL2/CCR2 and CCL5/CCR5, characteristically involved in macrophages chemotaxis (66). Additionally, the molecular analysis demonstrated an increased expression of IL-10, FIZZ and ARG and the decrease of IL-6, TNF and IL-1b supports the hypothesis of an increased number of M2 macrophages and an anti-inflammatory profile in the healing site in the VIP-treated group.

At this point, it is mandatory to consider that macrophages are considered one of the major targets for VIP activity, and its modulation in healing sites can directly affect the subsequent release of pro- or anti-inflammatory cytokines and growth factors important to the healing process (22,57,58). Indeed, the M2 phenotype in bone repair has been shown to be responsible for efficiently containing the inflammatory process induced by lesions, improving osteoblastic differentiation and bone regeneration and this modulation and has been explored in the development of osteoimmunomodulator biomaterials taking advantage of these characteristics in the improvement of bone regeneration in chronic inflammatory diseases (67).

Additionally, an increase in GR1 positive cells (7 days) was observed in VIP group. Interestingly, usually an inverse association is described between neutrophils and M2 macrophages, since neutrophils depletion results in increase in M2 macrophages increase and M1 reduction in healing sites, a phenotype associated with increased local fibrosis (68). Also, M2 depletion results in increase in neutrophils and M1 macrophages in scar tissue, and decreased collagen deposition (69). Importantly, while M1-M2 transition is usually described to favor bone healing, the same is true for the initial presence of neutrophils in bone injury sites (70). However, the sustained presence of neutrophils is typically considered a detrimental factor for healing outcome, being associated with exacerbated inflammation and with interferences in bone formation process (44,71). Interestingly, the increased IL-17 expression in VIP treated group may support an increased neutrophil response in this group, and also

can suggest how neutrophils could contribute to a favorable bone healing outcome, since recent studies demonstrate that IL-17 can mediate osteoblastogenesis (72,73).

It is also important to consider that in contrast to these well-defined anti-inflammatory functions, VIP supports the generation and long-term survival of Th2 cells (74), which could justify the increase of CD3 positive cells in the VIP-treated group in the period of 3 days. In this setting, there is increasing evidence that T lymphocytes play a key role in controlling endogenous regeneration, and that factors such effector/regulator and activated/naïve T cell ratios can influence bone healing outcome (75,76).

Additionally, VIP administration resulted in a significant modulation of the expression of other chemokines and their receptors, namely CXCR1, CXCR3, CCL20 and CX3CL1, previously described to play an important hole in the recruitment of inflammatory cells to the inflammation site by chemotaxis and activation of has been implicated in wound healing and interaction between receptors in response to secreted by several cell types (77–81).

Moreover, the VIP administration resulted in a decreased in the MMP1a and MMP2 expression show an important role of MMPs for inflammatory cell migration, degradation and extracellular matrix protein remodeling and angiogenesis processes (82–84) also verified by the decreased density of blood vessels in the VIP-treated group, while the CCL12 expression, associate with a specifically attracts of eosinophils, monocytes and lymphocytes (85), demonstrate a decrease in the treated group and may be a relevant factor in the lower density of VIP and PACAP positive cells. On the other hand, an increased remodeling activity and the higher bone matrix density observed in the treated group, is also supported by MMP8 and MMP13 expression corroborating with previous studies (41).

Based in our data, neuropeptides such as VIP can be added to the list of endogenous molecules that exerts significant immunoregulatory functions in bone healing process. Interestingly, VIP administration seems to result in a local modulation of VIP/PACAP system, since the VIP treatment showed a decrease in the number of VIP (3 and 7 days) and PACAP (3 days) positive cells, and an increase in PACAP⁺ in the 14-days period. Therefore, was effectively compensated for by the increase in PACAP and GR1

positive cells (7 days), however the treatment with VIP did not cause higher VIP expression in the cells, although promoted a more pro-inflammatory profile as an attempt to reverse the initial anti-inflammatory environment suggested by increased CD206+ expression.

Importantly, since VIP is not expressed by osteoblastic cells, suggesting the absence of an autocrine system of VIP in osteoblasts (86), these observations suggest that activities of immune cells presents in healing site are the responsible for VIP expression and its connection to their own receptors in the osteoblasts to regulate bone metabolism. Our data are reinforced by studies that demonstrate that even in conditions of homeostasis, inflammatory mechanisms are extremely important in the bone repair process, participating in the process of angiogenesis, formation and removal of granulation tissue and subsequent formation of bone tissue (63,87–90).

Corroborating with the higher osteoclasts density, the CTSK expression was increased, suggesting the involvement of VIP in bone remodeling, resorption and osteoclastic activity (91,92). Another factor that was considered, was the high expression of Serpine1 in the VIP-treated group, that acts as a regulator of cell migration (93,94) as well in the regulation of odontoblast differentiation (95). Contrary, the significant lower level of PHEX, a protein strongly expressed in osteoblasts in ossification sites (96), could explain the lower density of osteoblasts in the VIP-treated group in the period of 7 days.

At this point, our results suggest that the increase of CD206⁺ in the early periods of the bone repair process modulates the natural course of healing, promoting the decrease in CD80⁺ cell migration/polarization, and perhaps increasing GR1 positive cells during the early inflammatory process and promoting the significant increase in the new formed bone observed in the VIP-treated group. Accordingly, literature data that show VIP is able to modulate several types of cells in the most different tissues (26,97).

In the end of the healing process, we observed that the initial pro-inflammatory, or a M1 response, is also necessary for a good progress of the healing process and the changes promoted by VIP-treatment accelerated the repair capacity after 14 days in the VIP-treated group. The treatment-enhanced M2 response was able to positively modulate the initial M1 response without eliminating it, which can be observed by bone

formation within the alveoli, suggesting compensatory mechanisms, or even a change in cell profile, to restore. Additionally, VIP and PACAP exert their anti-inflammatory function in several ways by direct inhibition of pro-inflammatory cytokine production such as TNF, IL-6 and IL-12 by activated macrophages; up-regulation of IL-10 production; inhibition of B7.1/B7.2 expression in activated macrophages; inhibition of IL-2 production and T-cell proliferation and inhibition of Th1 responses (74).

Regarding to the results of antiVIP-treated group, contrary to the general expectation that an antagonist would have an inverse effect of an agonist, the results were quite similar to the VIP-treated group in many aspects. Unpredictably, VIP and VIP antagonist behaved similarly in the bone healing process suggesting that common pathways, probably related to the complexity of VIP/PACAP system receptors. The [Ac-Tyr1,D-Phe2] - GRF 1-29, is widely used as an antagonist of VIP via its receptors, VPAC (98). Several studies have observed the effective potential antagonist action of the compound (99–102). However, as observed in our results, some studies verified that the VIP antagonist effect of GRF 1-29 was not effective (103,104), suggesting a partial inhibition and/or a compensatory mechanism that may be explained by the complexity of the receptors of VIP/PACAP system, which includes that similarity of the receptors pathways. Importantly, the blockade of VPAC1 and VPAC2 by a VIP antagonist does not prevent endogenous PACAP binding at the PAC1 receptor, which is characteristically more efficient in activating bone tissue responses. This fact suggests that similar results observed in both treated groups occur through activation of compensatory mechanisms in the antagonist-treated group (23).

Finally, it is also important to consider that the nature of the local inflammatory environment may directly impact the immunoregulatory properties of VIP. Indeed, the VIP modulating capacity for an M2 profile were observed more clearly in acute inflammatory processes of bone tissue (54,105,106) and cells previously stimulated for an M1 profile (107–109), or even in the dental context in previous studies of our group where the treatment with VIP in periapical lesions was analyzed (110).

To better elucidate our findings, experiments with M0 macrophages differentiated from mouse bone marrow mesenchymal cells showed that alone, both VIP and antiVIP were not able to promote macrophage profile differentiation (data not shown), suggesting that other mechanisms are directly involved in this differentiation so that it can occur

effectively. The confirmation of PAC1 receptor activation as a compensatory mechanism in the bone repair process could be demonstrated in future trials by simultaneous blockade of VPAC1, VPAC2 and PAC1.

CONCLUSION

In conclusion, the present study demonstrated an increase in the bone tissue in the VIP treated group at the endpoint. Our results demonstrate that the early repair observed in the antiVIP and VIP was associated with an increase presence of M2 macrophages and associated labels. Further studies are required to clarify the underlying mechanisms and influence of VIP along bone healing.

CONFLICT OF INTEREST

The authors deny any conflicts of interest related to this study.

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FIGURES AND LEGENDS



Figure 1. Three-dimensional morphological analysis by μ CT of the alveolar bone healing process in mice control and treated with VIP antagonist and VIP in the periods 0, 3, 7- and 14-days postexodontia. The images were reconstructed using the NRecon Reconstruction software and threedimensional images obtained by the CTvox software. The maxillae were sectioned in the transversal plane.



Figure 2. Analysis of the morphological parameters of the trabecular bone microarchitecture in the dental alveoli of the control mice and treated with VIP Antagonist and VIP in the periods of 0, 3, 7- and 14-days post-exodontia. The morphological parameters of the bone microarchitecture were evaluated using the CTAn software through a cylindrical region of interest (ROI) determined by the segmentation of the trabecular bone located from the coronal to the apical region. The analysis of bone parameters (A-F) included: Tissue volume (mm3) (A), Bone volume (mm3) (B), Bone volume in relation to tissue volume (%) (C), Trabeculae thickness (mm) (D), Number of trabeculae (1/mm) (E), Separation of trabeculae (mm) (F). The results represent the values of the mean and standard deviation in each of the periods analyzed.



Figure 3. Histological analysis of the alveolar healing process in control mice (A) treated with VIP antagonist (B) and VIP (C), in periods of 0, 3, 7- and 14-days post-exodontia. Photomicrographs representing the average region of the dental alveolus in 10x and 40x magnification; histological sections obtained after 0, 3, 7 and 14 days after exodontia. HE stain.



Figure 4. Comparative density analysis (%) of connective tissue (A) and its components (B-G) present in the dental alveolus of control mice and treated with VIP and VIP antagonist in periods of 0, 3, 7- and 14-days post-exodontia. Results are presented as the means of density for each structure of the alveolar socket: collagen fibers, fibroblasts, blood vessels, inflammatory cells, clot and other components (empty space left by intercellular liquid and spaces). Also, the results depict the total density of connective tissue (represented by the sum of collagen fibers, fibroblasts, blood vessels and inflammatory cells). The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group; #represent the difference between VIP and antiVIP group).



Figure 5. Comparative analysis of area density (%) of bone tissue (A) and its components (B-D) present in the dental alveoli of control mice and treated with VIP and VIP antagonist in periods of 0, 3, 7- and 14-days post-exodontia. Results are presented as the means of density for bone matrix, osteoblasts and osteoclasts. Also, the results depict the total density of bone tissue was represented by the sum of bone matrix, osteoblasts and osteoclasts. The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group; #represent the difference between VIP and antiVIP group).



Figure 6. Analysis of birefringence of the collagen fibers present in the dental alveolus in the 0, 3, 7- and 14-days post-extraction periods, in the control, VIP antagonist and VIP groups. Photomicrographs representing the middle region of the dental alveolus, captured under polarized (A) and non-polarized light (B), showing the deposition of collagen fibers with birefringence in green, yellow and red at 0, 3, 7 and 14 days in all groups (control, VIP antagonist and VIP). Stain Picrosirius Red; 10x objective. (C) Quantitative analysis of the area (pixels²) occupied by birefringent collagenous fibers in the dental alveoli at periods 0, 3, 7- and 14-days post-exodontia, in the control and treated with VIP antagonist and VIP. Periods of 0, 3, 7 and 14 days represented in relation to the area in pixels² of birefringent fibers within the green, yellow and red spectrum relative to the total area, throughout the experimental periods. The results represent the values of the mean and standard deviation in each of the periods analyzed. (D) Quantitative analysis of the area (pixels²) occupied by birefringent collagen fibers in the dental alveolus at periods 0, 3, 7- and 14-days post-exodontia, in the control and treated animals with VIP antagonist and VIP. Periods of 0, 3, 7 and 14 days represented in relation to the area in pixels² of birefringent fibers within the green, yellow and red spectrum percentage to the total area, throughout the experimental periods. The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group).




Figure 7. Immunohistochemistry analysis for (A) F4/80⁺, (B) CD80⁺, (C) CD206⁺, (D) Ly6g- GR1⁺ and (E) CD3⁺, cells present in the bone repair process in control, VIP antagonist and VIP. Representative sections from medial thirds of the socket at days 0, 3, 7 and 14 days after tooth extraction. Anti-staining Mayer's hematoxylin; objective of 100x.



Figure 8. Immunohistochemistry analysis for (A) PACAP⁺ and (B) VIP⁺ cells present in the bone repair process in the control, VIP antagonist and VIP treated mice. Representative sections from medial thirds of the socket at days 0, 3, 7 and 14 days after tooth extraction. Anti-staining Mayer hematoxylin; objective of 100x.



Figure 9. Analysis of inflammatory cells in the alveolar bone healing kinetics after tooth extraction in control, VIP and VIP antagonist treated mice. Immunohistochemistry quantification corresponding (A) F4/80⁺, (B) CD80⁺, (C) CD206⁺, (D) Ly6g-Gr1⁺and (E) CD3 (*represent the differences between the control group; #represent the difference between VIP and antiVIP group).



Figure 10. Analysis of inflammatory cells in the alveolar bone healing kinetics after tooth extraction in control, VIP and VIP antagonist treated mice. Immunohistochemistry quantification corresponding (A) VIP⁺ and (B) PACAP⁺ (*represent the differences between the control group; #represent the difference between VIP and antiVIP group).





Article 2.2

PACAP modulatory capacity during the experimental alveolar bone healing process

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ABSTRACT

Host inflammatory immune response have been described as an essential step of bone healing process. In this context, immunoregulatory molecules that consequently modulate inflammatory cell migration, and the subsequent bone repair, have been considered as potential targets for improving bone repair. This study aim evaluate the experimental role of the immunoregulatory molecule PACAP (Pituitary Adenylate Cyclase Activating Polypeptide) in the process of alveolar bone healing in C57BI/6 mice. Experimental groups, submitted to tooth extraction and maintained under control conditions or treated with PACAP and PACAP antagonist (PACAP 6-38, antiPACAP); evaluated by microtomographic (μ CT), histomorphometric, immunohistochemical and molecular analysis at 0, 3, 7 and 14 days to quantify tissue repair and host response indicators at the repair site. The µCT results shows a significant increase in the PACAP and antiPACAP treated groups in relation to hyperdense regions compared to the control group. Histomorphometric analysis showed a faster formation of collagen fibers and fibloblasts in the PACAP treated group compared to the control, as well as decreased osteoblast and osteoclast density in the PACAP group. Inflammatory cell counts/density were higher in the antiPACAP treated group compared to the control group in the period of 7 days; immunohistochemical analyzes demonstrate that PACAP and antiPACAP groups had a higher CD206+ cell count and decrease in CD80+, GR1, VIP+ and PACAP+ positive cells, followed by a verification of altered expression of growth factors, bones and immunological markers. Our results, in turn, suggest that the increase of CD206+ in the early periods of the bone repair process modulates the natural course of healing, promoting the decrease in CD80+ cell migration/polarization, and resulting in the increase in the new formed bone observed in PACAP and antiPACAP groups. The treatments, enhanced the M2 response was able to positively modulate the initial M1 response without eliminating it, which can be observed by bone formation within the alveoli, suggesting compensatory mechanisms, or a change in cell profile, to restore.

Keywords: PACAP/VIP, Bone healing, M2 macrophages, osteoimmunology

INTRODUCTION

Bone is an extremely dynamic tissue that provides mechanical support and protection and serves as a mineral reservoir. Bone properties are closely related to its high capacity of remodeling, which allows the its adaptation to mechanical stimuli, mobilization of mineral components and confers to the bone a high healing capacity, as the result of the cooperative action of bone forming and resorptive cells. Indeed, a dynamic interplay between osteoblasts, osteocytes and osteoclasts is described to maintain bone homeostasis and function. Importantly, bone cells are also susceptible to the influence of numerous endocrine and immune systems derived/related factors, which can influence bone homeostasis and its capacity to respond to injury. Bone healing depends on a transitory inflammatory process, where innate immune system cells and mediators allegedly are mobilized to injury site to remove cell or matrix debris and to regulate tissue repair. Although the exact mechanisms involved in the bone healing process from the local immunoregulation viewpoint remains unknown, tissue repair studies generally point to macrophages as key components in such a process (1,2).

While classically considered as pro-inflammatory cells, macrophages may present distinct functional phenotypes, termed M1 and M2 (3,4). The original definition of M1 and M2 macrophage is derived from the Th1 and Th2 cytokines (5,6), based on the differentiation that occurs in IFN- γ , TNF- α or LPS presence, resulting in an inflammatory phenotype called M1. On the other hand, macrophages can also develop a regulatory and/or repairing phenotype, called M2, in response to IL-4, and thus act in the control of tissue response and repair (3,4,7–9). During the healing, M2 macrophages utilize arginase to convert L-arginine to L-ornithine, a precursor components of collagen, just as it acts as a producer of angiogenic and growth factors that are important components in tissue repair (5,10,11).

Therefore, in relation to general tissue repair, studies show that this process involves an initial M1 polarization that typical shift toward a pro-wound healing phenotype M2 (12,13). While there are few studies specifically focused in bone repair, considering may directly or indirectly interference of macrophages with differentiation and activity of bone cells (14–17), along bone healing process, the immune response initially results in the production of pro-inflammatory cytokines associated with the predominance of M1 macrophages, followed by the subsequent production of antiinflammatory factors and the transition to an M2 profile dominance (12). Importantly, M1 to M2 transition have been described as an important component of healing process, also associated with the inflammation resolution at healing sites. Accordingly, a persistent or non-resolving inflammatory response is usually described to impair healing (18).

The macrophage polarization theoretically occurs in the response site, it is believed that the local microenvironment has a determining role in the polarization of macrophages that migrate to the response sites. Among the factors that could lead to M1 and M2 polarization, the primary obvious target would be IFN- γ and IL-4 respectively, originally described as inducing such polarization (4,7–9). However, previous studies demonstrate that such cytokines expression in the repair sites is low, which can be justified by the preponderantly innate immunity nature of the response, which result in a relative absence of T cells in such sites (19).

In this context, another molecule capable of modulating macrophages polarization refers to the VIP-PACAP system. PACAP (pituitary adenylate cyclase activating polypeptide) and VIP (vasoactive intestinal peptide) are described are highly homologous peptides (68% homology), which once produced/released by local innervation or activated immune cells present immunoregulatory properties over multiple cell types, including macrophages and bone cells, via its binding to specific receptors (VPAC1 and VPAC2, both with high affinity for VIP and PACAP; and PAC1, an exclusive PACAP receptor). Focusing specifically on PACAP, it is presented in two forms, PACAP27 and PACAP38 (dominant) (20–23).

The presence of nerve fibers immunoreactive for PACAP in the bones suggests the involvement of this neuropeptide are involved in the local regulation of bone cell metabolism (24). Expressed by nervous, endocrine and immune systems (including thymocytes, macrophages and lymphocytes), in addition to different somatic tissues (25,26) PACAP are capable of influencing the physiological regulation of several systems (27), including skeletal elements (28). Additionally, PACAP can modulate the function of both innate and adaptive immunity, being stimulated macrophages theoretically one of the major PACAP targets (29). Indeed, acting via VPAC1, VPAC2 and PAC1, was described to modulate cytokines and iNOS expression by

macrophages, leading to the inhibition of pro-inflammatory cytokines and the stimulation of anti-inflammatory cytokines (30). Interestingly, previous studies describes PACAP as an macrophages "deactivator" (31–34). Considering that such studies were performed prior to the description of the functional M1 and M2 subtypes; the "deactivating" characteristics described in the studies are compatible with the M1 to M2 macrophages conversion (35).

In addition to the immunomodulatory function, PACAP is a neuropeptide with several developmental roles (28). Most cell types, including osteoblasts, responds to neuropeptides stimuli (36) and in this context, the signaling promoted by PACAP plays a pro-osteogenic role in consecutive stages of bone formation via activation of many pathways (37), and suggests that PACAP appears as an effective stimulator in cAMP activation (38,39) and its accumulation in osteoblasts propose a result of the combined activation of PACAP and VIP, regulating several signaling pathways that influence osteoblast differentiation (40) including the increased expression of BMPs and Smad1, as well as Sonic hedgehog, PATCH1 and Gli1 (37), however a few little is known about its role in bone formation *in vivo*.

In general, osteoblast differentiation is mainly regulated by BMP, WNT and Hedgehog signaling cascades. This complex mechanism involves a crosstalk via PACAP/VIP receptors, highlighting the importance of neuropeptides showing great similarity in bone formation and regeneration (40,41), including a compensatory effect in case of decrease of BMP (28). In line with this, the presence of neuropeptides was elevated after bone fracture, indicating their importance in regeneration (40). In this context, the PACAP absence can influences the molecular and biomechanical properties of the bone matrix, activating several changes in the compensatory signaling cascade (28). Therefore, the disturbance of PACAP expression implies a fragility of bone tissue, which may also indicate its possible importance in various bone formation disorders (28).

Previous studies have shown a positive regulation of PACAP and its receptors in the periodontal ligament suggesting that the lesion promotes immunological and bone remodeling reactions via PACAP/PAC1, playing a central role in the repair and restoration of periodontal function, modulating and coordinating the activities of osteoclasts and osteoblasts (42) and the treatment with PACAP increases the

deposition of inorganic matrix components *in vitro*. In addition, altered mineralization during the formation was detected in PACAP KO mice, suggesting a connection between the Ca2+ liberation in osteoblasts by PACAP, by means of extracellular accumulation during osteogenesis, in the same way that stimulates the expression of ALP (38,40). The calcitonin gene-related protein in turn, affects osteoclast function and the presence of PACAP decreases the matrix resorption and consequently Ca release by these cells (40), suggesting an essential role of the PACAP/VIP system in osteoclast differentiation or activation playing a vital role in the bone absorption (37,41,43–45).

Regarding to the receptors, previous studies show that osteoblasts express functional VPAC2 with higher binding affinity for PACAP than for VIP and that VPAC1 expression is induced during osteoblast differentiation, which may indicate a specific role for these receptors during formation bone (38).

The effects neuroendocrine or paracrine of PACAP on osteoblasts acting through receptors acts as a potent ligand (41,46) suggesting that PACAP production maybe one of many complementary autocrine/paracrine signals to initiate the cascades requisite for regeneration (47), under in vivo physiological circumstances, release of PACAP from nerve endings in the bone marrow or periosteum is also possible (48,49). On the other hand, even with low expression, the presence of PACAP was verified in osteoblast culture, suggesting the capacity of release of endogenous PACAP by osteogenic cells (37). Osteoclasts express specific VPAC1 and PACAP, but not VPAC2, binding sites that regulate bone resorption activity (41,50).

Therefore, the aim of this study was to determine the role of PACAP treatment in mice due to a possible M2 polarization and its impact in the process of alveolar bone healing, as well investigate the potential mechanisms by which this factor exerts this control.

MATERIALS AND METHODS

Animals

The experimental groups consisted of 8-week-old wild type (WT) male mice acquired from Ribeirão Preto Medical School (FMR/USP) breeding facility, maintained during the experimental period in Department of Biological Sciences of FOB/USP facility.

During the study period, the mice were fed with standard sterile solid ration of mice (Nuvital, Curitiba, PR, Brazil) and sterile water. The experimental protocol was approved by the Institutional Committee for Care and Animal Use and by Guide for the Care and Use of Laboratory Animals (CEEPA-FOB/USP, process # 001/2016).

Experimental Protocol and mice tooth extraction model

Mice C57BL/6 wild type, treated (experimental groups) or not (control group) with PACAP (Bachem - Catalog number H-8430 - 0.05mg/kg IP, 24/24h) or PACAP6-38 (PACAP Antagonist) - (Bachem – Catalog number H-2734; 0.05mg/kg IP, 24/24h), beginning 1 day prior to the upper right incisor extraction and until the end of the experimental periods (0, 3, 7 and 14 days post tooth extraction), subsequently, were anesthetized by intramuscular administration of 80mg/kg of ketamine chloride (Dopalen, Agribrans Brasil LTDA) and 160mg/kg of xylazine chloride (Anasedan, Agribrands Brasil LTDA) in the proportion 1:1 according to the animal body mass. In the end of the experimental periods, animals were killed with excessive dose of anesthetic and the maxillae were collected (N=5 group/time) for microtomographic (μ CT), and prepared to histomorphometry, immunohistochemical and collagen birefringence analysis, other than these (N=4 group/time) were submitted to molecular analysis by Real Time PCR Array.

Micro-computed tomography (µCT) assessment

The samples were scanned by the Skyscan 1174 System (Skyscan, Kontich, Belgium), at 50 kV, 800 μ A, with a 0.5 mm aluminum filter and 15% beam hardening correction, ring artifacts, reduction, 180 degrees of rotation and exposure range of 1 degree. Images were captured with 1304 x 1024 pixels and a resolution of 14 μ m pixel size. Projection images were reconstructed using the NRecon software and three-dimensional images obtained by the CT-Vox software. Morphological parameters of trabecular bone microarchitecture were assessed using the CTAn software in accordance with the recommended guidelines (51). A cylindrical region of interest (ROI) with an axis length of 3mm and diameter of 1mm was determined by segmenting the trabecular bone located from the coronal to apical thirds. Measurements included the tissue volume (TV), bone volume (BV) bone volume fraction (BV/TV, %), trabecular thickness (Tb.Th, mm), trabecular number (Tb.N, mm), and trabecular separation (Tb.Sp) (19,51–53).

Histomorphometric analysis

Serial sections (8 semi-serial sections of each maxilla, with a 5 µm thickness for each section) were stained with HE (hematoxylin and eosin). Morphometric measurements were performed by a single calibrated investigator with a binocular light microscope (Olympus Optical Co., Tokyo, Japan) using a 100x immersion objective and a Zeiss 8X eyepiece containing a Zeiss II integration grid (Carl Zeiss Jena GmbH, Jena, Germany) with 10 parallel lines and 100 points in a quadrangular area. The grid image was successively superimposed on approximately 13 histological fields per histological section, comprised of all tooth sockets from the coronal limit adjacent to the gingival epithelium until the lower apical limit. For each animal/socket, sections from the medial were evaluated. In the morphometric analysis, points were counted coinciding with the images of the following components of the alveolar socket: clot, inflammatory cells, blood vessels, fibroblasts, collagen fibers, bone matrix, osteoblasts, osteoclasts and other components (empty space left by intercellular liquid or bone marrow); similar to previous descriptions (19,53–56). The results were presented as the mean of volume density for each evaluated structure.

Collagen birefringence analysis

The Picrosirius-polarization method and quantification of birefringent fibers were performed to assess the structural changes in the newly formed bone trabeculae matrix based on the birefringence of the collagen fiber bundles, as previously described (19,53,57,58). Serial sections (8 semi serial sections of each maxilla) with 5µm thickness were cut and stained with Picrosirius Red stain; all sections were stained simultaneously to avoid variations due to possible differences in the staining process. Picrosirius Red-stained sections were analyzed through a polarizing lens coupled to a binocular inverted microscope (Leica DM IRB/E), and all images were captured with the same parameters (the same light intensity and angle of the polarizing lens 90° to the light source). AdobePhotoshopCS6 software was used to delimit the region of interest (alveolar area comprised of new tissue with the external limit comprised of the alveolar wall). The quantification of the intensity of birefringence brightness was performed using the AxioVision 4.8 software (CarlZeiss, Oberkochen, Germany). For quantification, the images were binarized for definition of the green, yellow and red color spectra, and the quantity of each color pixels² corresponding to the total area

enclosed in the tooth socket were measured. Mean values of 4 sections from each animal were calculated in pixels².

Immunohistochemistry analysis

Histological sections were deparaffinized following standard procedures. For antigen retrieval, citrate buffer solution was used in a steamer (96/98°C, 30'). After that, the material was incubated with 3% Hydrogen Peroxidase Block (Spring Bioscience Corporation, CA, USA) and subsequently incubated with 7% NFDM to block serum proteins. The histological sections from of all groups were incubated with Ly6g-Gr1 polyclonal antibody - sc-168490 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), F4/80 (A-19) polyclonal antibodies - sc-26642 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), B7-1 (H-208) monoclonal antibody - sc-9091 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), CD206 (C-20) polyclonal antibody - sc-34577 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), PACAP (C-19) polyclonal antibody - sc-7840 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), VIP (M19) polyclonal antibody sc-7841 (Santa Cruz Biotechnology, Santa Cruz, CA, USA), CD3-E (M-20) polyclonal antibody (sc-1127) (Santa Cruz Biotechnology, Santa Cruz, CA, USA) at 1:50 concentrations for 1 hour at room temperature. The identification of antigen-antibody reaction was performed using 3-3'-diaminobenzidine (DAB) and counter-staining with Mayer's hematoxylin. Positive controls were assessed in mouse spleen for positive Ly6g-Gr1, F4/80, CD80-B7-1, CD206, CD3, VIP and PACAP receptors. The analysis of immunolabeled cells was performed by a single calibrated investigator with a binocular light microscope (Olympus Optical Co., Tokyo, Japan) using a 100x objective. The quantitative analysis for the different markers was performed throughout the alveolar extension. The absolute number of immunolabeled cells was obtained to calculate the mean for each section.

Real Time PCR array reactions

Real Time PCR array reactions were performed as previously described (59,60). In resume, the extraction of total RNA from the remaining alveolus was performed with the RNeasy Plus kit (Qiagen Inc, Valencia, CA) according to the manufacturers' instructions. The integrity of the RNA samples was verified by analyzing 1µl of total RNA in a 2100Bioanalyzer (Agilent Technologies, Santa Clara, CA) according to the

manufacturers' instructions, and the complementary DNA (cDNA) was synthesized using 1mg of RNA through a reverse transcription reaction QuantiTect Rev Transcription kit (Qiagen Inc, Valencia, CA). Real Time PCR array was performed in a Viia7 instrument (Thermo Fisher Scientific, Carlsbad, CA) using a custom panel containing targets "Wound Healing" (PAMM-121), "Inflammatory cytokines and receptors" (PAMM-011) and "Osteogenesis" (PAMM-026) (SABiosciences, Frederick, MD) for gene expression profiling. Real Time PCR array data were analyzed by the RT² profiler PCR Array Data Analysis online software (SABiosciences, Frederick, MD) for normalizing the initial geometric mean of three constitutive genes (GAPDH, ACTB, Hprt1) and subsequently normalized by the control group, and expressed as fold change relative to the control group; as previously described (53).

Statistical analysis

Data were presented as means ± SD, initially the data distribution were tested by the Kolmogorov-Smirnov normality test. The statistical significance inside the group was analyzed by Kruskal-Wallis followed by Dunn's posttest or by Mann-Whitney test, while the statistical significance between periods was analyzed by Student's t test. Both were performed with Graph-Pad Prism 7.0 software (GraphPad Software Inc, San Diego, CA). Real Time PCR array data were analyzed by the Mann-Whitney test followed by Benjamini-Hochberg test. Values of p< 0.05 were considered statistically significant.

RESULTS

Analysis of bone microarchitecture parameters by micro-computed tomography (µCT)

After the surgeries, maxillae samples from the control and the experimental groups were compared based on experimental time (0, 3, 7 and 14 post-exodontia), using three-dimensional reconstruction by CT-Vox software (Bruker, Billerica, Massachusetts, EUA). Corroborating with previous studies based on the microtomographic analysis (19,53), we verified that the alveolar bone repair occurred in a centripetal manner, becoming confluent until filling the entire extension of the alveolus (Figure 1). The characteristics of bone microarray were evaluated employing the CTAn software (Bruker, Billerica, Massachusetts, EUA), and the following

parameters were considered: bone volume (BV mm³), tissue volume (TV mm³), percentage of bone in relation to total tissue volume (BV/TV %), trabeculae thickness (Tb.Th mm), number of trabeculae (Tb.N 1/mm) and separation of trabeculae (Tb.Sp mm) (Figure 2). In the PACAP and PACAP antagonist (antiPACAP) groups also in the control group, it was observed that during the experimental periods, there was an increase in the bone volume, expressive in the 14-days period for all groups, with a significant increase between the PACAP and the control groups (Figure 2B); the progressive increase pattern was also observed to the percentage of bone in relation to total tissue volume for all groups, with no significant differences between them (Figure 2C). Regarding to the trabeculae thickness (Figure 2D), significant increases were observed in the antiPACAP and PACAP groups compared to the control group in 14 days; in the same way, the number of trabeculae were a progressive increased in the all groups evaluated with no significant differences between them (Figure 2E). As expected, there was a decrease in the separation of the trabeculae in 14-days, following the expected kinetics of evolution in the process of alveolar bone healing (Figure 2 F); when the groups were compared, with no statistically significant variation between them in the μ CT analysis.

Comparative histomorphometric analysis

Connective tissue, clot and other structures

Regarding to histological analysis (Figure 3), our histomorphometric results corroborate with the microtomographic findings, in according to the parameters for the bone healing process between the control and the treated groups. When the analysis was performed, the total area of connective tissue was considered with no significant differences between groups. Regarding the kinetics of healing, the control and the treated groups showed a progressive increase of the connective tissue, starting in 3 to 7 days followed by a decrease in 14 days, with no significant differences among the groups (Figure 4A). Considering the density of collagen fibers, similar to the previous parameter, there was a progressive increase, starting in 3 days followed by a decrease in 14 days; compared to the control group, a significant difference was observed in the PACAP group with an increase in 3-days period (Figure 4B). About the fibroblast's density, in the control and in the antiPACAP groups, were observed a progressive increase in 14 days, with no significate differences between them. However, in the group treated with PACAP the density of

fibroblasts was higher in 3 days with a decreased in the 7 to 14-days periods. In addition, for the PACAP group, significant differences were observed in relation to the control group in 14 days and between the treated groups in the 7-days period (Figure 4C).

About the density of blood vessel area, there was no significant differences between the groups. In relation to kinetics, the area occupied by blood vessels increased gradually from 3 to 14 days (Figure 4D). In relation to the inflammatory infiltrate area, when the control and the PACAP groups were compared a similar kinetic could be observed. In the group that received the antiPACAP treatment in its turn, the density of inflammatory infiltrate was higher in 7 days when compared with the control group. After this initial process, in 14-day period, as was expected, was observed a decrease in the density of inflammatory cells in all groups analyzed with no differences between them (Figure 4E).

Analyzing the blood clot density, was observed that there was no difference between control and the groups that received treatment presenting a similar kinetics in all groups, starting with a peak of blood clot in 0-day, followed by an intense decrease very similar in all analyzed groups (Figure 4F). Regarding to the parameter called "other structures", no differences between the groups were observed. In relation to the kinetic of the healing process, this parameter referred to the empty spaces occupied by interstitial fluid, which decreased over the periods in all groups (Figure 4G).

Bone tissue

In this parameter, total bone structures were represented by bone matrix, osteoblasts and osteoclasts. In reference to the kinetic, the groups presented the same pattern to bone tissue and bone matrix parameters, with a progressive increase between the periods, and a higher density in the period of 14 days in all groups with no significant differences observed between groups (Figure 5A,B).

Regarding the comparison of area occupied by osteoblasts, an increase was found in the treated groups at 7 days when compared with the control group, and an opposite pattern was observed in the 14-day period when the same groups were compared with a significant decrease in both treated groups compared to the control group (Figure 5C). Finalizing the histomorphometric analysis, was observed that the osteoclasts' density was smaller in antiPACAP treated group than in control and PACAP groups in the period of 7 days and significant higher in the control and the antiPACAP groups when compared to the PACAP group in 14-day (Figure 5D). In turn, the increase in osteoclasts' density observed in the 14-day period for all groups showed the beginning of the tissue remodeling process.

Collagen birefringence analysis

For birefringence analysis, was verified comparatively the formation and maturation of the collagen matrix in the evaluated groups, through collagen fibers stained by Picrosirius Red and analyzed under a polarized light. In the categorization of color spectra, birefringent fibers within the green color spectrum are related to a less organized and immature matrix. In contrast to these, fibers with a color spectrum varying from yellow to red are related to a matrix with a higher degree of organization and maturation (19,53,58,61).

Regarding the quantitative analysis of birefringence of the total area (pixels²) of the collagen fibers present in the alveoli, we observed that the number of pixels had a progressive increase in relation to the periods in all groups, with significant differences in the treated groups when compared with the control group in the periods of 7 and 14 days, without differences between the PACAP and antiPACAP (Figure 6C).

Regarding the percentage of pixels representing the birefringent fibers in the green, yellow and red, about the total of quantified pixels in each period, it was observed that the kinetics of the production and maturation of the collagen fibers occurred in a decreasing way for the green fibers and increasing form for the yellow and red fibers. In antiPACAP and PACAP groups, red fibers were increased in 7-days period compared with the control group, in a quantity similar to that observed in 14 days. However, the yellow fibers in turn remain in a smaller quantification that follows during all the periods during the healing process and showed with a little increase in treated groups. Thus, it was observed that the three-color spectra were arranged to form the bone matrix of the new formed trabeculae in all groups analyzed along the bone repair, without statistical difference between them (Figure 6D).

Immunohistochemistry analysis of F4/80⁺, CD80(B7-1)⁺, CD206⁺, Gr1(Ly6g)⁺, CD3⁺, PACAP⁺ and VIP⁺ cells

In order to verify the influence of macrophages and another inflammatory cells in the repair site, the immunolabeling was performed to F4/80, CD80 (B7-1), CD206, CD3 and GR1(Ly6g) targets (Figure 7). In addition, PACAP and VIP markers (Figure 8) were included to verify the cell production of these neuropeptides during the healing process, as well to verify the efficiency of the antagonist in the receptor PAC1. Analyzing each marker separately, as a marker for undifferentiated macrophages (M0) was selected the F4/80 target. Considering this marker, the number of immunostained cells was in general greater in control group when compared with the treated groups, presenting a higher cell number in the period of 7 days to all groups analyzed. Significant differences were observed in the antiPACAP treated group in the periods of 3, 7 and 14 days; being higher in 3-days and smaller in 7 and 14-days compared to the control group. Regarding to the PACAP treated group, in the 7-days period there was a decreased in relation to the control, and also was smaller in relation to antiPACAP when the 3-days period was analyzed (Figure 9A).

About CD80⁺ cells (M1 macrophages), in the 3-days period the density was higher to positive cells and a decreasing number of immunolabelled cells was observed in the control group, with a similar kinect in the treated groups. In addition, fewer cells was observed in all periods in relation to the control group. In the treated groups, a significant decrease was observed for all periods evaluated, except 14 days, when were compared to the control group. Additionally, in the period of 3 days, there was a significant difference between the groups antiPACAP and PACAP being smaller in antiPACAP group (Figure 9B).

In CD206 immunolabeled cells (M2 macrophages), was observed a progressive increase during the experimental period in the control group. In the antiPACAP treated group, the number of cells immunostained was significant higher compared to the control in 3 and 7 days, becoming similar in 14-days period, with a significant increase when compared with the PACAP in 3 days. A similar increase happened in the PACAP treated group in 3 days when compared with the control group, however the number of cells remained similar in the subsequent 7- and 14-day periods (Figure 9C).

Regarding to GR1 target, the highest number of positive cells was observed in 3 days gradually decreasing in 7 and 14 days for all evaluated groups. About the antiPACAP treated group, a significant decreased was observed in 7 and 14 days, when compared with the control group; and was also smaller when the antiPACAP and the PACAP were compared in the period of 7 days. In the group treated with PACAP, the number of positive cells was higher in 3 and 7 days, when compared with control and PACAP groups and statistically decreased in the 14 days when correlated with the control group (Figure 9D).

When CD3-labeled cells were analyzed, in the control group the number of labeled cells was similar in all experimental periods. About the group treated with antiPACAP, a significant decrease was observed in 3 and 14-days period in comparison with the control group. In the group treated with PACAP, no differences were attended (Figure 9E).

Due to their homology with PACAP, cells labeled for VIP were also evaluated. The expression of positive cells was increased in the control group, with a higher number of cells immunolabelled in 3 days. In the treated groups the expression was lower in all periods when were compared with the control group, except in 14 days. Also, in a comparative analysis between the antiPACAP and the PACAP groups, a significant difference could be observed between them in the period of 7 days (Figure 10A). In relation to PACAP positive cells, in the control group the highest number was observed in the 3-days period, followed by a decrease in 7 and 14 days. Regarding the antiPACAP group, a significant increase was observed in the 14 days period, compared to the control group. In its turn, the PACAP treated group, showed significant increase in 14 days; and a decreased number of positive cell in 3 and 7 days, when compared with the control group. Additionally, significant differences were attended between the antiPACAP and PACAP groups in relation to 3 days. In these periods, although in the PACAP the number of positive cells was lower in 3-days, and the opposite was verified when the group that received antiPACAP treatment was compared (Figure 10B).

Molecular analysis using PCR Array

The gene expression of several molecules involved in inflammatory response and bone healing, including growth factors, immunological/inflammatory markers, extracellular matrix and bone markers were investigated employing a pool of samples from 0, 3, 7- and 14-days periods, analyzed using Real Time PCR array (Figure 11). Among several growth factors, the expression of BMP2 and BMP6 were up regulated in both the antiPACAP and the PACAP-treated groups in relation to the control group, while BMP4 and TGFβ1 were up regulated only in the group that was treated with PACAP. At the same time, the VEGFA expression was down regulated in the antiPACAP group. Considering the immunological markers analyzed (cytokines, chemokines, chemokine receptors and inflammatory mediators) the expression of IL-1b, TNF, CCR2, CCR5 and CCL2, were down regulated, while ARG was up regulated in both the antiPACAP and PACAP groups, as soon as IL-6, CCR1 and CCL5 was down regulated in the group treated with PACAP, while FIZZ and CCL7 was up regulated in the antiPACAP group; in the meantime, the antiPACAP-treated group was down regulated to IL-10 while the PACAP was up regulated to the same, as soon as CCL17, CXCL10 and CX3CL1 in the PACAP group. About, CCL20 it was down regulated in the antiPACAP treated group. Subsequently, the extracellular matrix markers, Col1a2, MMP8, Serpine1, CD34, DMP1, SOST1 and OPG were up regulated in the bone healing process in the PACAP-treated group; while Col2a1, Runx2 and ALP were up regulated for both the antiPACAP and PACAP-treated groups. In the same time, MMP1a, MMP2 and CD73 were down regulated in the antiPACAP and the PACAP groups. Regarding to MMP13 and CTSK, both were up regulated in PACAPtreated group.

DISCUSSION

During the healing process, several orchestrated events contributes to the repair success. Among the main events, the inflammatory immune response depends on interactions between bone, immune and nervous systems, promoting a cascade of common mediators (40). However, the exact role of inflammatory immune response in bone healing and its association with neurotrophic factors is still unclear and most

studies have focused on the influence of cells and immunological mediators on osteoclast activation and on the bone resorption process (62,63).

In our study, we observed that the PACAP administration and inhibition results in a statistically significant increase of newly formed bone and associated with an increase in anti-inflammatory profile along the repair process. The main differences in relation to the evaluated bone parameters occurred in the final of healing period (14 days) and throughout the repair process observed in the majority of immune cells markers analyzed, which suggests that the events in the osteoimmune interaction and the participation of PACAP as a bone response modulator occurs in all periods of healing.

In the view of the unexpected similar outcomes of recombinant PACAP administration and PACAP receptor (PAC1) inhibition, and the predominance of studies based in PACAP administration instead of inhibition in the literature, we will initially will discuss how recombinant PACAP affects alveolar bone healing outcome. In order to consider the possible sources of VIP interference in bone healing outcome, this discussion will follow the kinetics of bone repair events and its associated readouts/markers investigated in this study.

Based on results obtained by PACAP-treated group, considering the bone formation as the main healing readout, the μ CT analysis showed statistically significant differences between the PACAP-treated and control groups in the period of 14 days in relation to the bone matrix volume and the trabecular thickness number, which was increased in the PACAP group; consequently the trabecular separation between them was smaller. Complementary, histomorphometric analyzes revealed significant differences in bone healing parameters. Specifically, the density of osteoblasts and osteoclasts were lower in the PACAP group in the period of 14 days, suggesting a faster healing process in response to PACAP administration. In this sense, the inhibition of the osteoclasts density provided by the treatment with PACAP, corroborating with previous studies that showed specific receptors to VIP and PACAP in these cells (41,50), and the increased expression of OPG and the decrease in CTSK, characteristic markers of bone remodeling and osteoclastic activity (64,65), in the treated group reinforces this evidences. Regarding to the expression of bone markers and growth factors, the treatment with PACAP demonstrated a significant increase in TGF β 1, BMP2, BMP4 and BMP6 in the treated group. Interestingly, the simultaneous PACAP and BMP activation was demonstrated to promote the chemotaxis and differentiation of mesenchymal cells (19), promoting the activation of transcription factors such as Smad1 and Runx2 (40), and the production of ALP, Collagen I, Osterix, Osteocalcin and Osteopontin, essential to proper bone neoformation (28).

In agreement, our results demonstrate an increase in the expression of ALP, Runx2, Col1a2 and Col2a in the group that received the PACAP treatment. Many BMPs have important roles in bone and neuronal development, and the ability for these BMPs to augment and suppress selected peptide expression may be one element of that complex developmental program. The expression of PACAP when facilitated due to the low availability of BMPs promotes an increased PACAP production and may be one of many complementary autocrine/paracrine signals to initiate cascades required for regeneration (47). Additionally, PACAP administration resulted in increased expression of DMP1, important factor in the bone mineralization (66); SOST, a maturation bone marker (54) and Serpine1, involved in various functions, such as regulation of degradation of the extracellular matrix, cell migration, apoptosis, and differentiation (67), suggesting an increased remodeling activity and faster healing process compared to the control group.

In relation to the histological findings, during the healing process was observed the formation of a blood clot, which is succeeded by the formation of a fibrin network, followed by formation of a granulation tissue and subsequent replacement by new bone tissue filling the alveolus as previous described (19). In this context, the significant differences between the control and the PACAP-treated groups related to the connective tissue was observed in the increased density of collagen fibers in the period of 3 days in PACAP group, supported by the gene expression data. Another element significantly altered in the treated group was the fibroblasts' density, which was decreased in the period of 14 days compared to the control group which, once again suggesting that an accelerated repair in the PACAP group.

This fact can be suggest by the analysis of the yellow and red fiber density slightly higher in the PACAP group, confirmed by the histomorphometric analysis of the connective tissue, being represented by the parameters of collagen fibers and fibroblasts for PACAP-treated group. Then the increased density observed in 7 days in PACAP group for mature collagen fibers (red) can also be confirms by the histomorphometric analysis of the collagen fibers in the same period.

An increased remodeling activity is also suggested by increased MMP8 expression in the PACAP-treated group; on the other hand, decreased in MMP1a, MMP2 and MMP13 expression show an important role of MMPs for inflammatory cell migration and angiogenesis processes (68–70).

Regarding the profile of immune cells and the expression of immunological factors observed during the repair process in the treated group, its suggest that the events in which PACAP participates influencing subsequent events in the late periods. Regarding to the immunological parameters, was observed that the treatment with the PACAP favors an anti-inflammatory response based on the increase in CD206+ cells observed in the initial healing process, suggesting that a change toward a dominant M2 profile favors the t early repair in the PACAP-treated group.

We also observed a change in the natural course of repair in relation to macrophage migration in the treated group presenting a different kinetics compared to the control group, showing a significant lower in the F4/80+ and CD80+ cell density. Accordingly, an increased expression of IL-10, ARG and TGF β 1, in parallel with the decrease in IL-1b, IL-6 and TNF levels, reinforces the hypothesis of a boosted M2-type response in PACAP group.

At this point, it is mandatory to consider that macrophages are considered one of the major targets for PACAP activity, and its modulation in healing sites can directly affect the subsequent release of pro- or anti-inflammatory cytokines and growth factors important to the healing process. Neuropeptides, such as VIP and PACAP, can be added to the list of endogenous anti-inflammatory molecules. VIP and PACAP exert their anti-inflammatory function in several ways by direct inhibition of pro-inflammatory cytokine production such as TNF, IL-6 and IL-12 by activated macrophages; up-regulation of IL-10 production; inhibition of B7.1/B7.2 expression in activated macrophages; inhibition of IL-2 production and T-cell proliferation and inhibition of Th1 responses (29).

However, the decrease in the expression of CCL2/CCR2 and CCL5/CCR5 (chemokines/receptors, characteristically involved in macrophages chemotaxis) (71) and the increase in GR1 positive cells, followed by the increased expression of CX3CL1 (responsible for leukocyte extravasation by cell adhesion, including neutrophils and monocytes), CXCR1 (receptor expressed on neutrophils, monocytes, T lymphocytes, dendritic cells, eosinophils, basophils and mast cells) and CXCR3 (receptor for CXCL10, inducer of calcium mobilization) (72), observed in PACAP group, shows that not only macrophages suffer the action of PACAP during the healing process.

Interestingly, usually an inverse association is described between neutrophils and M2 macrophages, since neutrophils depletion results in increase in M2 macrophages increase and M1 reduction in healing sites, a phenotype associated with increased local fibrosis (73). Also, M2 depletion results in increase in neutrophils and M1 macrophages in scar tissue, and decreased collagen deposition (74). Importantly, while M1-M2 transition is usually described to favor bone healing, the same is true for the initial presence of neutrophils in bone injury sites (75). However, the sustained presence of neutrophils is typically considered a detrimental factor for healing outcome, being associated with exacerbated inflammation and with interferences in bone formation process (53,76).

Additionally, the balance in the expression of chemokines and receptors revealed an increase in CCL17 (induces T cell chemotaxis through interaction with CCR4 (77); however the expression of CCR1, critical for the recruitment of effector immune cells to the site of inflammation (78), was decreased in the same group. Considering the immunological markers analyzed its mediators playing an important hole in the recruitment of inflammatory cells to the inflammation site by chemotaxis and activation of has been implicated in wound healing and interaction between receptors in response to secreted by several cell types (79–83). These data once again reinforce the idea that the increase in CD206 and GR1 positive cells and the decrease in CD80, F4/80, VIP and PACAP may have been controlled by PACAP treatment by chemokines and specific receptors.

Other important factors in cell migration and heal environment characteristics are the markers, CD34 that indicates the presence of stem cell in many tissue (84) increased in the treated group, and CD73, a marker of lymphocyte differentiation (85,86) with a decreased expression in the same group. The inverse expression of these markers suggest the presence of undifferentiated cells that migrate during the healing process forming a granulation tissue as well as the low CD73 expression suggests that the CD3 positive cells observed in this group are not differentiated lymphocytes reinforcing the idea that the PACAP treatment was capable of polarizing macrophages to an M2 profile in the healing site T-cell independent.

Regarding to the results observed in the antiPACAP-treated group, contrary to the overall expectations, the results were quite similar to the PACAP-treated group in some aspects. Unexpectedly, PACAP agonist and antagonist resulted in similar modulation of host response and the bone healing readouts. During the repair, the PACAP and the antiPACAP group had significant differences in the density of osteclasts that was lower in the group treated with PACAP, suggesting an inhibition in the osteoclastc activity promoted by the treatment. A difference was also observed in the fibroblasts density which was higher in the group treated with antiPACAP. Other differences between the treated groups were in the inflammatory cells number, that was smaller of F4/80, VIP and PACAP positive cells and higher of CD80 and GR1 in the PACAP treated group. At the end of the healing process, we observed that an initial proinflammatory response is necessary for a good progress of the repair process and that even with the changes promoted in the inflammatory response through treatment with PACAP and antiPACAP the repair capacity is not compromised, or even accelerated in the both groups, which can be observed by bone formation inside the alveoli, suggesting compensatory mechanisms, or even a change in cell profile, to restore itself.

The putative PACAP/VIP receptor may tentatively be defined best as a PAC1 receptor, based on the receptor kinetics and second messenger. The equal affinities, within an order of magnitude, for PACAP and VIP to the receptor, combined with the indication of an increase in Ca2⁺ in some stromal cells upon stimulation by neuropeptide, is at present consistent with data for the VPAC2. Combined with the presence of nerve fibers immunoreactive for VIP in the bone repair site, suggests that VIP and PACAP,

are involved in the local regulation of bone cell metabolism (24), verified in our results by positive immunostaining cells for VIP and PACAP at the repair site.

The antagonist PACAP(6-38) has been described as the most potent antagonist of the PAC1 receptor in a cAMP stimulation (87). Several studies have observed the effective potential antagonist of the compound, especially studies using the culture of the most varied cell lines in its methodology (88–92). In addition, nerve stimulation studies (93) and *in vivo* behavioral studies (94,95) also observed the antagonistic effect of PACAP6-38. However, some *in vivo* studies verified that the peptide fragment PACAP(6–38) was not able to provide the antagonist effect (96), suggesting a partial inhibition, without being able to inhibit the stimulating action of VIP while PACAP receptor binding is spared (97), similarly studies have observed that PACAP-inducing capacity was sensitive to blockade by the PACAP 6-38 antagonist, but not by a VIP antagonist (98).

The unexpected similarity in the PACAP agonist and antagonists may be explained by the complexity of the receptors of VIP/PACAP system, which includes that similarity of the receptors pathways. The blockade of the VPAC1, VPAC2 and PAC1 receptors, which bind VIP and PACAP-38 with varying affinities. Compared to PACAP, VIP binds to PAC1 with lower affinity. Another isoform of PACAP, PACAP-27 can also bind all three receptors promoting a binding of endogenous PACAP with these receptors (99,100) and which suggests a compensatory mechanism *in vivo*.

In the case of the treatments performed in this study, the block of PAC1 by means of an PACAP6-38 antagonist, which does not prevent the binding of PACAP in VPAC1 and VPAC2 receptors, which, although less efficient in the activation of responses in the bone tissue was able to present similar results for the two treated groups, inferring the activation pathways through compensatory mechanisms in the group treated with the antagonist which can be explain the discrete disorganization observed by a qualitative morphometric analysis in the antiPACAP-treated group suggested by the lower expression in some growth factors and bone markers and apparently this interference also influences the process of bone remodeling and the efficient M2 polarization. Additionally, experiments with M0 macrophages differentiated from mouse bone marrow mesenchymal cells showed that alone, both PACAP and antiPACAP were not able to promote macrophage profile differentiation (data not shown), suggesting that different mechanisms also are involved in this modulation so that it can occur effectively. The confirmation of VPAC1 and VPAC2 receptor activation as a tentative of a compensatory mechanism in the bone repair process could be demonstrated in future trials by simultaneous blockade of VPAC1, VPAC2 and PAC1.

CONCLUSION

In summary, the present study demonstrated an increase in the bone tissue in the treated groups at the endpoint. In conclusion, our results demonstrate that the early repair observed in the antiPACAP and PACAP was associated with an increase presence of M2 macrophages and associated labels. Further studies are required to clarify the underlying mechanisms and influence of PACAP along bone healing.

CONFLICT OF INTEREST

The authors deny any conflicts of interest related to this study.

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FIGURES AND LEGENDS



Figure 1. Three-dimensional morphological analysis by μ CT of the alveolar bone healing process in mice control and treated with PACAP antagonist and PACAP groups in the periods 0, 3, 7- and 14-days post-exodontia. The images were reconstructed using the NRecon Reconstruction software and three-dimensional images obtained by the CTvox software. The maxillae were sectioned in the transversal plane.



Figure 2. Analysis of the morphological parameters of the trabecular bone microarchitecture in the dental alveolus of the control mice and treated with PACAP antagonist and PACAP in the periods of 0, 3, 7- and 14-days post-exodontia. The morphological parameters of the bone microarchitecture were evaluated using the CTAn software through a cylindrical region of interest (ROI) determined by the segmentation of the trabecular bone located from the coronal to the apical region. The analysis of bone parameters (A-F) included: Tissue volume (mm3) (A), Bone volume (mm3) (B), Bone volume in relation to tissue volume (%) (C), Trabeculae thickness (mm) (D), Number of trabeculae (1/mm) (E), Separation of trabeculae (mm) (F). The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group).



Figure 3. Histological analysis of the alveolar healing process in control mice (A) or treated with PACAP antagonist (B) and PACAP (C), in periods of 0, 3, 7- and 14-days post-exodontia. Photomicrographs representing the average region of the dental alveolus in 10x and 40x magnification; histological sections obtained after 0, 3, 7 and 14 days after exodontia, stained in HE.



Figure 4. Comparative density analysis of connective tissue (A) and its components (B-G) present in the dental alveolus of control mice and treated with PACAP and PACAP antagonist in periods of 0, 3, 7- and 14-days post-exodontia. Results are presented as the means of density for each structure of the alveolar socket: collagen fibers, fibroblasts, blood vessels, inflammatory cells, clot and other components (empty space left by intercellular liquid and spaces). Also, the results depict the total density of connective tissue (represented by the sum of collagen fibers, fibroblasts, blood vessels and inflammatory cells) The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group; #represent the difference between PACAP and antiPACAP group).



Figure 5. Comparative analysis of area density of bone tissue (A) and its components (B-D) present in the dental alveoli of control mice and treated with PACAP and PACAP antagonist in periods of 0h, 3, 7- and 14-days post-exodontia. Results are presented as the means of density for bone matrix, osteoblasts and osteoclasts. Also, the results depict the total density of bone tissue was represented by the sum of bone matrix, osteoblasts and osteoclasts. The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group; #represent the difference between PACAP and antiPACAP group).



Figure 6. Analysis of birefringence of the collagen fibers present in the dental alveolus in the 0, 3, 7- and 14-days post-extraction periods, in the Control, PACAP antagonist and PACAP groups. Photomicrographs representing the middle region of the dental alveolus, captured under polarized (A) and non-polarized light (B), showing the deposition of few collagen fibers with birefringence in green. yellow and red at 0, 3, 7 and 14 days in all groups (Control, PACAP antagonist and PACAP). Coloring Picrosirius Red; 10x objective. (C) Quantitative analysis of the total area (pixels²) occupied by birefringent collagenous fibers in the dental alveoli at periods 0, 3, 7- and 14-days post-exodontia, in the control and animals treated with PACAP Antagonist and PACAP. Periods of 0, 3, 7 and 14 days represented in relation to the area in pixels² of birefringent fibers within the green, yellow and red spectrum relative to the total area, throughout the experimental periods. The results represent the values of the mean and standard deviation in each of the periods analyzed. (D) Quantitative analysis of the area percentage of pixels² occupied by birefringent collagenous fibers in the dental alveolus at periods 0, 3, 7- and 14-days post-exodontia, in the control and PACAP antagonist and PACAP treated animals with. Periods of 0, 3, 7 and 14 days represented in relation to the area in pixels² of birefringent fibers within the green, yellow and red spectrum percentage to the total area, throughout the experimental periods. The results represent the values of the mean and standard deviation in each of the periods analyzed (*represent the differences between the control group).



Figure 7. Immunohistochemistry analysis for (A) F4/80⁺, (B) CD80⁺, (C) CD206⁺, (D) Ly6g- GR1⁺ and (E) CD3⁺, cells present in the bone repair process in control, PACAP antagonist and PACAP. Representative sections from medial thirds of the socket at days 0, 3, 7 and 14 days after tooth extraction. Anti-staining Mayer's hematoxylin; objective of 100x.



Figure 8. Immunohistochemistry analysis for (A) VIP⁺ and (B) PACAP⁺ cells present in the bone repair process in the control, PACAP antagonist and PACAP treated mice. Representative sections from medial thirds of the socket at days 0, 3, 7 and 14 days after tooth extraction. Anti-staining Mayer hematoxylin; objective of 100x.



Figure 9. Analysis of inflammatory cells in the alveolar bone healing kinetics after tooth extraction in control, PACAP and PACAP Antagonist treated mice. Immunohistochemistry quantification corresponding (A) F4/80⁺, (B) CD80⁺, (C) CD206⁺, (D) Ly6g-Gr1⁺ and (E) CD3 (*represent the differences between the control group; #represent the difference between PACAP and antiPACAP group).



Figure 10. Analysis of inflammatory cells stained by VIP (A) and PACAP (B) in the alveolar bone healing kinetics after tooth extraction in control, PACAP and PACAP antagonist treated mice. (*represent the differences between the control group; #represent the difference between PACAP and antiPACAP group).





Article 2.3

Vasoactive intestinal peptide (VIP) immunoregulatory role at the periapex: associative and mechanistic evidences from human and experimental periapical lesions.

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Keywords: Apical lesions; vasoactive intestinal peptide; regulatory T cells; cytokines; T helper; wound healing.

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Abstract

Introduction: The balance between host pro-inflammatory immune response and counteracting anti-inflammatory and reparative responses supposedly determine the outcome of periapical lesions. In this scenario, the vasoactive intestinal peptide (VIP) may exert a protective role due its prominent immunoregulatory capacity. In this study, we investigated (in a cause-and-effect manner) the potential involvement of VIP in the development of human and experimental periapical lesions.

Methods: Periapical granulomas (N=124) and control samples (N=48) were comparatively assessed for VIP and multiple immunological/activity markers expression through Real Time PCR. Experimental periapical lesions (C57BI/6 WT mice) were evaluated regarding endogenous VIP expression correlation with lesions development, and the effect of recombinant VIP therapy in lesions outcome. CCR4KO and IL4KO strains, and anti-GITR inhibition, were used to test the involvement of Tregs and Th2 cells in VIP-mediated effects.

Results: VIP expression was prevalent in periapical granulomas than in controls, presenting a positive association with immunoregulatory factors and an inverse association/correlation with pro-inflammatory mediators and RANKL/OPG ratio. Endogenous VIP expression upregulation was temporally associated with lesions immunoregulation and decline of bone loss. VIP therapy in mice prompted the arrest of lesions development, being associated with an anti-inflammatory and pro-reparative response that limits pro-inflammatory, Th1, Th17 and osteoclastogenic response in the periapex. VIP protective effect was dependent of Tregs migration and activity, and independent of IL-4.

Conclusion: Our results demonstrate that VIP overexpression in human and experimental periapical lesions is associated with lesions inactivity, and that VIP therapy result in the attenuation of experimental lesion progression associated with immunosuppressive response involving Tregs.

Keywords: Apical lesions; vasoactive intestinal peptide; regulatory T cells; cytokines; T helper; wound healing.

INTRODUCTION

The bacterial infection of the root canal system triggers a complex host inflammatory immune response, which ultimately determine the outcome of periapical lesions (1). Pro-inflammatory mediators and certain helper (Th) subsets, such as Th1 and Th17 cells, can independently or cooperatively mediate the breakdown of soft and mineralized tissues at periapex by locally increasing the proteolytic activity and bone resorption mechanisms (1-3).

Conversely, immunoregulatory mechanisms, involving mesenchymal stem cells (MSCs), Th2 and Tregs, can be activated throughout lesion development to counteract the pro-inflammatory and tissue destructive pathways, limiting further tissue destruction and even stimulating healing (1,4,5). Indeed, both MSCs, Th2 and Tregs are essential elements of immunoregulatory response that naturally takes place in experimental periapical lesions over time, which results in the switch of lesions phenotype into inactive/non-progressive state (4–6). Importantly, human periapical lesions support the protective role of such cellular subsets at periapex (4,7). However, the factors involved in the activation of MSCs and Tregs, which leads to the switch in the lesion's phenotype, remains unclear.

In this context, VIP (vasoactive intestinal peptide) have been described as a potent immunoregulatory molecule, which can also influence the biology of bone cells, via its widespread expressed VPAC1 e VPAC2 receptors (6,7). Indeed, VIP can inhibit Th1 and Th17 cells while boosting Th2 and Tregs activity (6–9), reinforcing its potential regulatory action in periapical lesions. In periapical lesions context, scarce previous studies describe the expression of VIP in chronic periapical lesions, in levels inversely proportional to lesion size (10,11). Additionally, intracanal calcium hydroxide resulted in increased VIP levels, suggesting its potential involvement in periapical healing (8).

However, the few studies to date only suggest a theoretical immunoregulatory role for VIP in periapical environment, which remains to be definitely confirmed in a causeand-effect way. Therefore, in this study we investigated the patterns of VIP expression in human and experimental periapical lesions, as well the effect of recombinant VIP therapy in experimental lesions outcome. Additionally, the potential involvement of Th2 and Tregs in the immunoregulatory effects of VIP were investigated.

MATERIALS AND METHODS

Human periapical granulomas - This study was approved by the USP Institutional Review Board and comply with the Declaration of Helsinki. Subjects were patients (26-59-years-old; average 38.5) with periapical lesions, characterized radiographically as rarefaction lesions with the disappearance of the periodontal ligament space and discontinuity of the lamina dura; patients were referred to endodontic surgery after conventional root canal treatment had failed (12,13). Patients with medical conditions requiring the use of systemic modifiers of bone metabolism or other assisted drug therapy (i.e. systemic antibiotics, anti-inflammatory, hormonal therapy) during the last 6 months before initiation of the study, patients with pre-existing conditions such as periodontal disease, and pregnant or lactating women were excluded from the study. Periapical lesions were divided into 2 roughly similar fragments and stored in formalin (to histopathology) and RNALater (Thermo Fisher Scientific, Waltham, Massachusetts, EUA) (to molecular analysis). Only cases of periapical granulomas (n=124), represented by the presence of capillaries, inflammatory cells, fibroblasts, collagen, and macrophages and without the presence of an epithelial lining, were selected for the study; periapical cysts, in which cavities were further developed and lined by stratified squamous epithelium, or with the presence of proliferated epithelial strands, were excluded (12,14). Healthy periodontal ligament tissue samples (n=48) obtained from the periapex of premolars extracted for orthodontic purposes (patients aged 18-25 years) comprised the control specimens.

Experimental periapical lesions & treatments - Periapical lesion induction and quantification were performed as previously described (4,15). All animal experiments comply with the ARRIVE and NIH care and use of laboratory animals' guidelines. C57BI/6 mice were anesthetized, and both right and left mandibular first molars dental pulp exposed (carbide bur, slow-speed handpiece) and inoculated with 1x106 (CFU) of each endodontic pathogen (*P. gingivalis* [ATCC33277], *P. nigrescens* [ATCC33563], *A. viscosus* [ATCC91014] and *F. nucleatum* [ATCC10953]) inoculation (4,5). Each experimental group were comprised by 10 (C57BI/6, WT) mice/time point, resulting in 20 samples (both right and left molars), with 5 samples per group/time point for microscopic analysis, 5 for molecular (Real Time PCR), 5 for protein (ELISA) and 5 for cellular (flow cytometry) assays. Experimental groups comprising C57BI/6 mice were

divided according to each treatment: Control (no lesion induction, no VIP treatment); Lesion (lesion induction, no VIP treatment); VIP (lesion induction, treated with recombinant VIP, Sigma; 0.1mg/kg/day, injected IP immediately after pulp exposure and subsequently until the last time point) (16); Saline (lesion induction, treated with Saline; following the same protocol described to VIP, data now shown). To address Tregs and Th2 involvement in VIP-mediated responses, and supplementary experiment was performed with C57BI/6 (WT), CCR4KO (which presents in impaired Tregs migration) and IL4KO (which presents impaired Th2 response) mice (4,17), with the following groups: Control, Lesion and VIP (as described above) performed in WT, CCR4KO and IL4KO mice strains, and anti-GITR (treatment with purified mAb anti-GITR, 500µg/mice IP injection) and anti-GITR + VIP (combining both treatments), preformed only in WT mice. In this experimental setting each experimental group were comprised by 5 animals (10 samples) per group/time point, 5 samples for microscopic and 5 for molecular (Real Time PCR) assays. This study comprised a total of 215 mice. Animals were euthanized by cervical displacement and samples were prepared for histomorphometric analysis (right molars) or molecular/cellular (left molars) analysis. Results are depicted as the area of periapical space, measured in HE stained longitudinal 5-mm-thick sections by using ImageJ (NIH, Bethesda, MD), being the area increase over time representative of lesion development. The evolution of lesion development was calculated as fold increase in periapical space area within the 0-3, 3–7, 7–14, and 14–21 time point intervals (18).

Gene Expression and ELISA – Real Time PCR array reactions were performed as previously described (4). The extraction of total RNA from periapical tissues was performed with RNeasy (Qiagen Inc, Valencia, CA), followed by integrity analysis with 2100Bioanalyzer (Agilent Technologies, Santa Clara, CA) and complementary DNA synthesis (QuantiTectRT Kit, Qiagen Inc, Valencia, CA) all performed according to the manufacturers' instructions. Real Time PCR array was performed in a Viia7 instrument (Thermo Fisher Scientific, Waltham, Massachusetts, EUA) using inventoried optimized TaqMan primers/probes sets (Thermo Fisher Scientific, Waltham, Massachusetts, EUA) for human samples, and a custom panel for gene expression profiling (SABiosciences, Frederick, MD) for murine samples, analyzed by the RT2profiler software (SABiosciences, Frederick, MD) for normalizing target genes expression levels by constitutive genes (GAPDH, ACTB, Hprt1) and the respective controls. Gene

expression levels are expressed as fold change relative to the control group; as previously described (4). Measurements of cytokines IL-10, TGF β 1, TNF and RANKL in periapical lesions was performed by ELISA; as previously described (4,5), by commercially available kits (R&D Systems, Minneapolis, USA); results are expressed as picograms of cytokine (±SD) per milligram of periapical tissue.

Isolation and analysis of leukocytes from periapical tissues - Isolation and characterization of lesions Tregs were performed as described previously (4,5). Whole periapical tissues of molars apex were proteolytically processed using Medimachine (BDBiosciences, San Diego, CA, USA); followed by cell viability analysis (Trypan blue) and quantification (Neubauer chamber). Cells were incubated with optimal dilution of CD4. IFN-y, IL17. IL4 and FOXp3 fluorochrome-conjugated antibodies (BDBiosciences, San Diego, CA, USA) and then analyzed by flow cytometry (FACScan and CellQuest; BDBiosciences, San Diego, CA, USA). Results represent the number of cells ± SD in the periapical tissues of each mouse, normalized by the tissue weight.

Statistical analysis - Data are presented as means ± SD, and the statistical significance between the groups was analyzed by Mann-Whitney or Kruskal-Wallis/Dunn's (GraphPadPrism 7.0, GraphPad Software Inc., San Diego, CA). PCRarray data was analyzed by the Mann-Whitney test followed by Benjamini-Hochberg test. Values of P<0.05 were considered statistically significant.

RESULTS

VIP expression in human and experimental periapical lesions and correction with the gene expression profile

VIP expression was significantly higher in the periapical granulomas lesions than controls (Fig. 1A). When human samples were categorized based in VIP expression levels into tertiles, VIP levels were positively associated with OPG, IL-4, IL-9, IL-10, FOXp3 and TGFβ1 expression, and inversely associated with RANKL, TNF, IFN, IL-17A, IL-21 and RANKL/OPG ratio (Fig.1B). Additional stratification of human samples based in RANKL/OPG ratio into tertiles, reiterate the opposite association between VIP levels and RANKL ratio (Fig.1C); and results in a very high match (91%) between the low VIP tertile with theoretical lesions activity based in RANKL/OPG ratio (Fig.1C)(3,9,19). A similar profile of VIP expression was observed in experimental lesions, being the initial low VIP expression associated with the lesions progressive/active stage, characterized by the high expression of pro-inflammatory, proteolytic and osteoclastogenic elements, followed by the VIP upregulation in the non-progressive/inactive stage characterized by the prevalence of anti-inflammatory and healing mediators (Fig.2, Fig.3).

Modulation of experimental periapical lesions outcome by VIP

The administration of the recombinant VIP at 3d time point resulted in the early expression of endogenous VIP expression (analyzed at mRNA expression levels to avoid possible interference of exogenous VIP administered at protein state) and in the arrest of lesions progression (Fig.2). Accordingly, VIP treatment resulted in the early downregulation of pro-inflammatory, proteolytic and osteoclastogenic mediators and in the increase of anti-inflammatory and healing mediators (Fig.3). Similarly, ELISA analysis confirmed that VIP mediate the upregulation of IL-10 and TGF β in the lesions of in parallel with TNF and RANKL downregulation (Fig.3). From the cellular viewpoint, VIP treatment limited the influx of CD4+IFNg+ and CD4+IL17+ cells and increased CD4+IL4+ counts in periapical area (Fig.4). VIP treatment also resulted in an early expression of CCL22 at periapex and preempted CD4+FOXp3+ cells influx (Fig.4). Importantly, the protective effect of VIP treatment was found to be dependent of Tregs function, being ineffective upon parallel Tregs inhibition with anti-GITR treatment, or in CCR4KO mice, which presents impaired Tregs migration (4,17). Conversely, VIP protective effect was IL4-independent, as demonstrated in IL4KO mice (Fig.4).

DISCUSSION

The balance between the host pro-inflammatory immune response and the counteracting anti-inflammatory and reparative responses seems to determine the outcome of periapical lesions (20). In this context, VIP appears as a potential immunoregulatory factor that could participate of the protective response at the periapex (6,7). Therefore, in this study we investigated the patterns of VIP expression in human and experimental periapical lesions, as well the effect of recombinant VIP therapy in experimental lesions outcome. Our results demonstrate that VIP expression was higher in the periapical granulomas lesions than controls, being positively

associated with the expression of anti-inflammatory and healing markers (i.e. OPG, IL-4, IL-9, IL-10, FOXp3 and TGFB1). Accordingly, a previous study describes the expression of VIP in human periapical lesions with an inverse correlation with lesions size (10,11). Additionally, the stratification of human samples based into tertiles based in VIP and/or RANKL/OPG ratio, reveals that VIP presents an inverse/opposite correlation with RANKL/OPG. It is important to mention that the low VIP tertile comprise the lesions with a RANKL/OPG ratio compatible with theoretical lesion activity, as previously suggested based in the comparison with RANKL/OPG patterns in sites with known active bone resorption (3,15,16,19,21). Indeed, a minor (14.28%) fraction of intermediate VIP expression quartile presents the active lesions signature (3,15,16,19,21), suggesting that even a moderate VIP expression can exert a significant immunoregulatory role at periapical environment.

While the human lesions derived data is transversal, the longitudinal analysis of experimental lesions development kinetics offer additional insights into VIP role in lesions pathogenesis. Our data demonstrate that VIP upregulation is temporally associated with the acquisition of a gene expression signature similar to that observed in inactive experimental lesions, and to be associated with a significantly reduced rate of bone resorption progression along the downregulation of pro-inflammatory, proteolytic and osteoclastogenic elements in parallel with the upregulation of anti-inflammatory and healing-related molecules. Such activity/inactivity features are in accordance with previous descriptions of experimental lesions development kinetics (4,21,22). Therefore, experimental lesions development and conceivably promote tissue healing. Accordingly, intracanal calcium hydroxide resulted in increased VIP levels, reinforcing VIP potential protective and pro-reparative capacity (8).

Analyzing the patterns of gene expression in human and experimental lesions, it becomes evident the association between VIP and certain T cell subsets with protective roles in periapical lesions pathogenesis, such as Th2 and Tregs. Accordingly, VIP was described to potentiate Th2 and Tregs activity, and to consequently limit the Th1 and Th17 responses (6,7,23,24), which could collectively account for the arrest of lesions progression associated with VIP levels. Indeed, the increase in VIP levels is temporally associated with the conversion/switch of the experimental lesion from active into inactive phenotype (4,21,22). Also, VIP

upregulation is temporally associated with the raise of Th2 and Tregs response, both functionally associated with the attenuation of the progression of these lesions (4,21,22), suggesting that VIP could act as trigger of protective Th responses at periapical environment, as described in other chronic inflammation models (25,26). In order to test if VIP actually contribute to periapical lesions inactivity and to healing response in a cause-and-effect manner, mice was treated with recombinant VIP starting at 3d time point, when the endogenous expression of VIP in the lesions is still very low. Our results demonstrate that VIP treatment prompted the arrest of lesions progression and resulted in a molecular signature compatible with inactive lesions profile (13,27), which was reinforced by the ELISA analysis. Accordingly, VIP was described to arrest experimental arthritis progression, which share some immunopathological features with periapical lesions (25,28).

Looking for possible mechanisms underlying VIP protective function in periapical milieu, we observed that VIP treatment limited the infiltration of potentially pathogenic Th1 and Th17 cells in the lesions (1), in accordance with the association described for the endogenous VIP expression kinetics with lesions profile. Also, VIP induced the early expression of endogenous VIP and the chemokine CCL22 in the lesions, prompted Tregs influx into the periapical area and increased Th2 cells counts in the lesions. Accordingly, CCL22 was described to mediate Tregs migration to periapex via CCR4 receptor, and to consequently arrest lesions progression (17). Additionally, IL-4 production by Th2 cells was described to induce CCL22 expression (17), as part of the protective IL-4/CCL22/CCR4 pathway. Additional experiments confirmed the involvement of Tregs in the VIP-protective effect, since the inhibition of Tregs migration (in CCR4KO mice) or activity (with anti-GITR) abrogated the protection in VIP treated mice. Accordingly, human lesions data support the VIP-Tregs connection hypothesis in the view of a very significant correlation observed between the VIP and Tregs markers FOXp3, IL-10 and TGF β 1 (data not shown). As previously mentioned, the synergy between VIP and Tregs in immunoregulation process was described in other inflammatory conditions (29). However, despite the increase in Th2 cells migration due VIP therapy, VIP protective effect was IL4-independent, as demonstrated in IL4KO mice (Fig.4). While some studies describe a Th2-inducing effect of VIP (30), others describe that VIP can inhibit IL-4 transcription, highlighting the complexity of such interplay (31–33). As previously mentioned, IL-4 protective effects involves the induction of CCL22, which allows the Tregs migration via CCR4 (17). Nevertheless, since our data demonstrate that VIP prompted CCL22 expression, it may overcome the IL-4 absence. Accordingly, VIP was described to induce the CCL22 expression (34). Additionally, the local release of recombinant CCL22 was found to overcome the overcome IL-4 deficiency by a direct induction of Tregs migration (17), and to promote Treg migration when applied in the root canal system, and to consequently arrest lesions progression (4).

Importantly, while the exact source of VIP, originally described as a neuropeptide, at periapical environment remains to be established, increasing evidences support the immunoregulatory properties of nervous system (35). Indeed, while neuroimmune interactions, mediated by different neuropeptides were initially described as proinflammatory, have been demonstrated to be quite more complex and to operate towards restoring homeostasis by controlling the duration and intensity of inflammation through multiple mechanisms (35). Accordingly, VIP have been demonstrated to be a "neuroimmunopeptide" with a broad spectrum of immunoregulatory functions and as a potential pharmacological target to the clinical management of inflammatory conditions (35,36).

Therefore, considering the associative and mechanistic demonstrations derived from human and experimental periapical lesion, it is possible to conclude that VIP presents an active immunoregulatory action at periapical environment, acting in Treg-dependent manner to switch active periapical lesions into an inactivity phenotype, which may comprise a potential therapeutic strategy for periapical lesions clinical management.

CONCLUSION

Our results demonstrate that VIP presents an active immunoregulatory action in periapical granuloma pathogenesis. From the mechanistic viewpoint, VIP induces Treg chemoattraction to the periapical area is mediated by the induction of CCL22. Treatments based in the delivery of VIP at periapical area, as part of an intracanal medicament used between appointments or delivered before obturation, potentially can be clinically explored as an complementary (to routine cleaning and shaping procedures) strategy to maximize tissue repair at the periapical region.

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FIGURES LEGENDS

Figure 1. Patterns of VIP and immunological, bone and healing markers expression in human periapical lesions. Total RNA was extracted from periapical granulomas (N=124) and periodontal ligament control samples (N=48), and levels of VIP and immunological, bone and healing markers were quantitatively measured by Real Time PCR TaqMan system. A) Control samples and periapical granulomas were comparatively evaluated regarding the VIP and immunological, bone and healing markers; *P<0.05 unpaired t-test, control versus lesions. B) Periapical granulomas were submitted to a tertile stratification based in the VIP expression levels. The tertiles with low to high VIP are designated as T1 (low), T2 (intermediate) and T3 (high), and were compared in regards to the expression of immunological, bone and healing markers; Kruskal Wallis/Dunns post-test, *P<0.05 T1 vs T2, #P<0.05 T1 vs T3, +P<0.05 T2 vs T3. C) Periapical granulomas were submitted to a tertile stratification based in the RANKL/OPG ratio. The tertiles with low to high RANKL/OPG ratio are designated as T1 (low), T2 (intermediate) and T3 (high), and were compared in regards to the expression of immunological, bone and healing markers; Kruskal Wallis/Dunns post-test, *P<0.05 T1 vs T2, #P<0.05 T1 vs T3, +P<0.05 T2 vs T3. Still in C panel, the theoretical categorization of the lesion into active or inactive profile based in RANKL/OPG ratio was applied and depicted in the lower end of the figure with dotted lines; *P<0.05 unpaired t-test active vs inactive lesions, depicted in the right side of the graph.

Figure 2. VIP expression kinetics and its impact on the periapical bone loss and in VIP endogenous expression in experimental periapical lesions in mice. Periapical lesion induction (pulp exposure and bacterial inoculation) was performed in C57BI/6 mice; experimental groups were divided according to each treatment: Control (no lesion treatment); VIP (lesion induction, treated with recombinant VIP, Sigma; 0.1mg/kg/day, injected IP immediately after pulp exposure and subsequently until the last time point) (16); Saline (lesion induction, treated with Saline, data now shown) (A). Samples from experimental and control groups were collected for histomorphometric (N=5/group/time point) and molecular analysis (N=5/group/time point), and evaluated for: (B) VIP expression in WT untreated mice measured quantitatively by Real Time PCR TaqMan system; (C) kinetics of periapical lesion development from 0 to 21d in control and VIP treated mice, presented as periapical space area (mm²) increase; (D) modulation of endogenous VIP expression by VIP treatment measured quantitatively by Real Time PCR TaqMan system; (E) correlation between VIP expression and the lesion evolution index

(evolution of lesion development was calculated as fold increase in periapical space area within the 0– 3, 3–7, 7–14, and 14–21 time point intervals). In A different letters represent statistically significant differences among the different time points within its respective groups (P<0.05; One-way ANOVA, Bonferroni post-test); asterisks (*) represent statistically significant differences (P<0.05; Mann-Whitney test) vs control in each time point. In B and C asterisks (*) represent statistically significant differences (P<0.05; Mann-Whitney test) vs control in each time point, and the hashtag (#) represent statistically significant differences (P<0.05; Mann-Whitney test) between the lesion and VIP group in each time point. In D, linear regression analysis values are depicted.

Figure 3. Effects of VIP treatment in the expression and production of healing and inflammatory/immunological markers in experimental periapical lesions in mice. Periapical lesion induction (pulp exposure and bacterial inoculation) was performed in C57Bl/6 mice; experimental groups were divided according to each treatment: control (no lesion induction, no VIP treatment); Lesion (lesion induction, no VIP treatment); VIP (lesion induction, treated with recombinant VIP, Sigma; 0.1mg/kg/day, injected IP immediately after pulp exposure and subsequently until the last time point) (16); Saline (lesion induction, treated with Saline, data now shown). Samples from experimental and control groups were analyzed regarding the expression of wound healing-related genes and inflammatory and immunological-related markers at 7d (A) and 14d (B) time points (N=5/group/time point), by RealTimePCR TaqMan system, and (C) cytokine levels in periapical lesions, measured by ELISA, presented as cytokine pg/mg of periapical tissue (N=5/group/time point). In A and B, the expression of all factors analyzed was significantly different in the lesions (treated or not with VIP) when compared to the controls; #P<0.05 lesion vs VIP (Mann-Whitney test); in C #P<0.05 lesion vs VIP (Mann-Whitney test).

Figure 4. Effects of VIP treatment in the influx of Th subsets and CCL22 expression in experimental periapical lesions in mice, and involvement of Tregs and Th2 cells in VIP-mediated protection against lesions development. Periapical lesion induction (pulp exposure and bacterial inoculation) was performed in C57BI/6 mice; experimental groups were divided according to each treatment: Control (no lesion induction, no VIP treatment); Lesion (lesion induction, no VIP treatment); VIP (lesion induction, treated with recombinant VIP, Sigma; 0.1mg/kg/day, injected IP immediately after pulp exposure and subsequently until the last time point) (16); Saline (lesion induction, treated with Saline, data now shown). Samples from the different experimental groups strains from control and experimental groups(N=5/group/time point) were collected and evaluated for: (A) Th1 (CD4+IFNy+), (B) Th17 (CD4+IL17+), (C) Th2 (CD4+IL4+) and (D) Tregs (CD4+FOXp3+) cells count in periapical tissues of WT and VIP treated mice, analyzed by flow cytometry at 0, 3, 7, 14 and 21 days post infection; depicted as the cell number x104. To address Tregs and Th2 involvement in VIP-mediated responses, and supplementary experiment was performed with C57BI/6 (WT), CCR4KO (which presents in impaired Tregs migration) and IL4KO (which presents impaired Th2 response) mice (4,17), with the following groups: Control, Lesion and VIP (as described above) performed in WT, CCR4KO and IL4KO mice strains, and anti-GITR (treatment with purified mAb anti-GITR, 500µg/mice IP injection) and anti-GITR +VIP (combining both treatments), preformed only in WT mice (E). Samples (N=5/group/time point) were collected and evaluated for: (F) periapical lesion development, presented as periapical space area (mm2) increase after lesions induction; and (G) kinetics of CCL22 expression and its modulation by VIP treatment, measured quantitatively by Real Time PCR TaqMan system. In A-D asterisks (*) represent statistically significant differences (P<0.05; Mann-Whitney test) vs control in each time point, and the hashtag (#) represent statistically significant differences (P<0.05; Mann-Whitney test) between the lesion and VIP group in each time point. In F, (*) represent statistically significant differences (P<0.05; Mann-Whitney test) vs control and the hashtag (#) represent statistically significant differences (P<0.05; Mann-Whitney test) between the lesion and VIP groups; in G, asterisks (*) represent statistically significant differences (P<0.05; Mann-Whitney test) between the lesion and VIP groups; in G, asterisks (*) represent statistically significant differences (P<0.05; Mann-Whitney test) between the lesion and VIP groups; in G, asterisks (*) represent statistically significant differences (P<0.05; Mann-Whitney test) between the lesion (untreated) and VIP treated groups in each strain.

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Figure 2













Graphical Abstract (for review)

3 DISCUSSION

3 DISCUSSION

The balance between the host pro-inflammatory immune response and the counteracting anti-inflammatory and reparative responses seems to determine the course of the healing process (WALKER et al., 2000). During the healing process, several orchestrated events contributes to the repair success. Among the main events, the inflammatory immune response depends on interactions between bone, immune and nervous systems, promoting a cascade of common mediators (JUHÁSZ et al., 2015). However, the exact role of inflammatory immune response in bone healing and its association with neurotrophic factors is still unclear and most studies have focused on the influence of cells and immunological mediators on osteoclast activation and on the bone resorption process (ARAUJO-PIRES et al., 2014b; GLOWACKI et al., 2013). In our study, we observed that the VIP and PACAP administration and inhibition results in a statistically significant increase of newly formed bone and associated with an increase in anti-inflammatory profile along the repair process.

The main differences in relation to the evaluated bone parameters occurred in the final of healing period and throughout the repair process observed in the majority of immune cells markers analyzed, which suggests that the events in the osteoimmune interaction and the participation of VIP and PACAP as a bone response modulator occurs in all periods of healing. This discussion will follow the overall articles sequence, with the initial discussion of the effects of VIP agonist and antagonist in bone healing outcome, followed by the effects of PACAP and its antagonist in the same model, and them the impact of VIP in chronic inflammatory periapical lesions outcome.

Initially, is important to consider that the inflammatory response and cell migration in the healing process is described to start as a pro-inflammatory response and replaced by an anti-inflammatory or healing profile over time (GAFFNEY et al., 2017). Accordingly, our results demonstrate that a progressive decrease of CD80+ cells followed by a subsequent increase of CD206+ cells was observed in the control group. Similarly, was observed that VIP/PACAP administration resulted in a reduction of total F4/80+ and CD80+ cell counts and in the increase of CD206+ immunolabelled cells, which in theory characterizes this cells as a dominance of M2-type macrophages over M1 subset in the healing sites.
Accordingly, previous studies described the potential VIP/PACAP modulation for an M2 profile (GANEA; DELGADO, 2001a, 2001b). Also, the molecular analysis demonstrated a decrease in the expression of CCL2/CCR2 and CCL5/CCR5, characteristically involved in macrophages chemotaxis (PALOMINO; MARTI, 2013). Additionally, the molecular analysis demonstrated an increased expression of IL-10, FIZZ and ARG and the decrease of IL-6, TNF and IL-1b supports the hypothesis of an increased number of M2 macrophages and an anti-inflammatory profile in the healing site in the VIP-treated group. The increase in GR1 positive cells, followed by the increased expression of CX3CL1 (responsible for leukocyte extravasation by cell adhesion, including neutrophils and monocytes), CXCR1 (receptor expressed on neutrophils, monocytes, T lymphocytes, dendritic cells, eosinophils, basophils and mast cells) and CXCR3 (receptor for CXCL10, inducer of calcium mobilization) (MURPHY et al., 2000), observed in VIP and PACAP groups, shows that not only macrophages suffer the action of VIP and PACAP during the healing process.

Interestingly, usually an inverse association is described between neutrophils and M2 macrophages, since neutrophils depletion results in increase in M2 macrophages increase and M1 reduction in healing sites, a phenotype associated with increased local fibrosis (HORCKMANS et al., 2017). Also, M2 depletion results in increase in neutrophils and M1 macrophages in scar tissue, and decreased collagen deposition (KLINKERT et al., 2017). Importantly, while M1-M2 transition is usually described to favor bone healing, the same is true for the initial presence of neutrophils in bone injury sites (KOVTUN et al., 2016). However, the sustained presence of neutrophils is typically considered a detrimental factor for healing outcome, being associated with exacerbated inflammation and with interferences in bone formation process (BASTIAN et al., 2018; COLAVITE et al., 2019). Interestingly, the increased IL-17 expression in VIP treated group may support an increased neutrophil response in this group, and also can suggest how neutrophils could contribute to a favorable bone healing outcome, since recent studies demonstrate that IL-17 can mediate osteoblastogenesis (CROES et al., 2016; WANG et al., 2018).

At this point, it is mandatory to consider that macrophages are considered one of the major targets for VIP/PACAP activity, and its modulation in healing sites can directly affect the subsequent release of pro- or anti-inflammatory cytokines and growth factors important to the healing process (BURNOUF et al., 2013; NURDEN, 2011; VIEIRA et al., 2015). Indeed, the M2 phenotype in bone repair has been shown to be responsible for efficiently containing the inflammatory process induced by lesions, improving osteoblastic differentiation and bone regeneration and this modulation and has been explored in the development of osteoimmunomodulator biomaterials taking advantage of these characteristics in the improvement of bone regeneration in chronic inflammatory diseases (HU et al., 2018).

Neuropeptides, such as VIP and PACAP, can be added to the list of endogenous anti-inflammatory molecules. VIP and PACAP exert their antiinflammatory function in several ways by direct inhibition of pro-inflammatory cytokine production such as TNF, IL-6 and IL-12 by activated macrophages; up-regulation of IL-10 production; inhibition of B7.1/B7.2 expression in activated macrophages; inhibition of IL-2 production and T-cell proliferation and inhibition of Th1 responses (GANEA; DELGADO, 2002). It is also important to consider that in contrast to these well-defined anti-inflammatory functions, VIP supports the generation and long-term survival of Th2 cells (GANEA; DELGADO, 2002), which could justify the increase of CD3 positive cells in the VIP-treated group. In this setting, there is increasing evidence that T lymphocytes play a key role in controlling endogenous regeneration, and that factors such effector/regulator and activated/naïve T cell ratios can influence bone healing outcome (BUCHER et al., 2019; SCHLUNDT et al., 2019).

Our results suggest that the increase of CD206⁺ in the early periods of the bone repair process modulates the natural course of healing, promoting the decrease in CD80⁺ cell migration/polarization, and perhaps increasing GR1 positive cells during the early inflammatory process and promoting the significant increase in the new formed bone observed in the VIP and PACAP-treated group. Accordingly, literature data that show VIP and PACAP is able to modulate several types of cells in the most different tissues (COCHAUD et al., 2010; GOZES; FURMAN, 2003). In the end of the healing process, we observed that the initial pro-inflammatory, or a M1 response, is also necessary for a good progress of the healing process and the changes promoted by VIP/PACAP-treatments accelerated the repair capacity after 14 days. The treatment-enhanced M2 response was able to positively modulate the initial M1 response without eliminating it, which can be observed by bone formation within the alveoli, suggesting compensatory mechanisms, or even a change in cell profile, to restore.

Based in our data, neuropeptides such as VIP/PACAP can be added to the list of endogenous molecules that exerts significant immunoregulatory functions in bone

healing process. Importantly, since VIP is not expressed by osteoblastic cells, suggesting the absence of an autocrine system of VIP in osteoblasts (TOGARI et al., 1997), these observations suggest that activities of immune cells presents in healing site are the responsible for VIP expression and its connection to their own receptors in the osteoblasts to regulate bone metabolism. Our data are reinforced by studies that demonstrate that even in conditions of homeostasis, inflammatory mechanisms are extremely important in the bone repair process, participating in the process of angiogenesis, formation and removal of granulation tissue and subsequent formation of bone tissue (CARANO; FILVAROFF, 2003; CARDOSO, 2009; KANCZLER; OREFFO, 2008; KANYAMA et al., 2003; WEISS et al., 2009).

At the end of the healing process, we observed that an initial pro-inflammatory response is necessary for a good progress of the repair process and that even with the changes promoted in the inflammatory response through treatment with VIP and PACAP the repair capacity is not compromised, or even accelerated in the both groups, which can be observed by bone formation inside the alveoli, suggesting compensatory mechanisms, or even a change in cell profile, to restore itself.

In regarding to the results observed in the VIP and PACAP antagonists treated group compared to the control group, contrary to the general expectation that an antagonist would have an inverse effect of an agonist, the results were quite similar to the VIP and PACAP-treated groups in many aspects. Unexpectedly, VIP-VIP antagonist and PACAP-PACAP antagonist behaved similarly in the bone healing process suggesting that common pathways, probably related to the complexity of VIP/PACAP system receptors (JÓZSA et al., 2018; KOVACS et al., 1996; NAGATA et al., 2009).

The putative PACAP/VIP receptors may tentatively be defined best as a PAC1 receptor, based on the receptor kinetics and second messenger. The equal affinities, within an order of magnitude, for PACAP and VIP to the receptor, combined with the indication of an increase in Ca2⁺ in some stromal cells upon stimulation by neuropeptide, is at present consistent with data for the VPAC2. Combined with the presence of nerve fibers immunoreactive for VIP in the bone repair site, suggests that VIP and PACAP, are involved in the local regulation of bone cell metabolism (WINDING; WILTINK; FOGED, 1997), verified in our results by positive immunostaining cells for VIP and PACAP at the repair site.

However, some *in vivo* studies verified that the peptide fragment PACAP(6–38) was not able to provide the antagonist effect (BONI et al., 2009), suggesting a partial inhibition, without being able to inhibit the stimulating action of VIP while PACAP receptor binding is spared (LÁZÁR et al., 2001), similarly studies have observed that PACAP-inducing capacity was sensitive to blockade by the PACAP 6-38 antagonist, but not by a VIP antagonist (JIANG et al., 2008).

The unexpected similarity in the agonists and antagonists may be explained by the complexity of the receptors of VIP/PACAP system, which includes that similarity of the receptors pathways. The blockade of the VPAC1, VPAC2 and PAC1 receptors, which bind VIP and PACAP-38 with varying affinities. Compared to PACAP, VIP binds to PAC1 with lower affinity. Another isoform of PACAP, PACAP-27 can also bind all three receptors promoting a binding of endogenous PACAP with these receptors (HARMAR et al., 2012; KAISER; RUSSO, 2013) and which suggests a compensatory mechanism *in vivo*.

In the case of the treatments performed in this study, the block of VPAC1/VPAC2 and PAC1, which does not prevent the binding of PACAP in VPAC1 and VPAC2 receptors, which, although less efficient in the activation of responses in the bone tissue was able to present similar results for the two treated groups, inferring the activation pathways through compensatory mechanisms in the group treated with the antagonist, suggesting that other mechanisms are directly involved in this differentiation so that it can occur effectively.

In a different context, VIP appears as a potential immunoregulatory factor that could participate of the protective response at the periapex (GANEA; RODRIGUEZ; DELGADO, 2003; SOUZA-MOREIRA et al., 2011). Therefore, in this study we investigated the patterns of VIP expression in human and experimental periapical lesions, as well the effect of recombinant VIP therapy in experimental lesions outcome. Our results demonstrate that VIP expression was higher in the periapical granulomas lesions than controls, being positively associated with the expression of anti-inflammatory and healing markers. Accordingly, a previous study describes the expression of VIP in human periapical lesions with an inverse correlation with lesions size (AZUERO-HOLGUIN et al., 2003; CAVIEDES-BUCHELI et al., 2007).

Additionally, the stratification of human samples based into tertiles based in VIP and/or RANKL/OPG ratio, reveals that VIP presents an inverse/opposite correlation with RANKL/OPG. It is important to mention that the low VIP tertile comprise the lesions with a RANKL/OPG ratio compatible with theoretical lesion activity, as previously suggested based in the comparison with RANKL/OPG patterns in sites with known active bone resorption (ARAUJO-PIRES et al., 2014a; FUKADA et al., 2008; MENEZES et al., 2008; MUKOHYAMA et al., 2000). Indeed, a minor (14.28%) fraction of intermediate VIP expression quartile presents the active lesions signature (ARAUJO-PIRES et al., 2014a; FUKADA et al., 2014a; FUKADA et al., 2008; MUKOHYAMA et al., 2008; MENEZES et al., 2014a; FUKADA et al., 2008; MENEZES et al., 2014a; FUKADA et al., 2008; MENEZES et al., 2008; MUKOHYAMA et al., 2000), suggesting that even a moderate VIP expression can exert a significant immunoregulatory role at periapical environment.

While the human lesions derived data is transversal, the longitudinal analysis of experimental lesions development kinetics offer additional insights into VIP role in lesions pathogenesis. Our data demonstrate that VIP upregulation is temporally associated with the acquisition of a gene expression signature similar to that observed in inactive experimental lesions, and to be associated with a significantly reduced rate of bone resorption progression along the downregulation of pro-inflammatory, proteolytic and osteoclastogenic elements in parallel with the upregulation of anti-inflammatory and healing-related molecules. Such activity/inactivity features are in accordance with previous descriptions of experimental lesions development kinetics (FRANCISCONI et al., 2016; LINDEN et al., 2002; MUKOHYAMA et al., 2000). Therefore, experimental lesions evolution pattern supports the human data, suggesting that VIP can limits lesions development and conceivably promote tissue healing. Accordingly, intracanal calcium hydroxide resulted in increased VIP levels, reinforcing VIP potential protective and pro-reparative capacity (ÖZDEMIR et al., 2019).

Analyzing the patterns of gene expression in human and experimental lesions, it becomes evident the association between VIP and certain T cell subsets with protective roles in periapical lesions pathogenesis, such as Th2 and Tregs. Accordingly, VIP was described to potentiate Th2 and Tregs activity, and to consequently limit the Th1 and Th17 responses (GANEA; RODRIGUEZ; DELGADO, 2003; LECETA et al., 2007; SOUZA-MOREIRA et al., 2011; TAN et al., 2015), which could collectively account for the arrest of lesions progression associated with VIP levels. Indeed, the increase in VIP levels is temporally associated with the conversion/switch of the experimental lesion from active into inactive phenotype (FRANCISCONI et al., 2016; LINDEN et al., 2002; MUKOHYAMA et al., 2000). Also, VIP upregulation is temporally associated with the raise of Th2 and Tregs response, both functionally associated with the attenuation of the progression of these lesions

(FRANCISCONI et al., 2016; LINDEN et al., 2002; MUKOHYAMA et al., 2000), suggesting that VIP could act as trigger of protective Th responses at periapical environment, as described in other chronic inflammation models (DENG et al., 2010; TAN; WASCHEK, 2011). In order to test if VIP actually contribute to periapical lesions inactivity and to healing response in a cause-and-effect manner, mice was treated with recombinant VIP starting at 3d time point, when the endogenous expression of VIP in the lesions is still very low. Our results demonstrate that VIP treatment prompted the arrest of lesions progression and resulted in a molecular signature compatible with inactive lesions profile (GARLET, 2010; GARLET et al., 2012), which was reinforced by the ELISA analysis. Accordingly, VIP was described to arrest experimental arthritis progression, which share some immunopathological features with periapical lesions (DENG et al., 2010; VILLANUEVA-ROMERO et al., 2018).

Looking for possible mechanisms underlying VIP protective function in periapical milieu, we observed that VIP treatment limited the infiltration of potentially pathogenic Th1 and Th17 cells in the lesions (GRAVES; OATES; GARLET, 2011), in accordance with the association described for the endogenous VIP expression kinetics with lesions profile. Also, VIP induced the early expression of endogenous VIP and the chemokine CCL22 in the lesions, prompted Tregs influx into the periapical area and increased Th2 cells counts in the lesions. Accordingly, CCL22 was described to mediate Tregs migration to periapex via CCR4 receptor, and to consequently arrest lesions progression (ARAUJO-PIRES et al., 2015).

Additionally, IL-4 production by Th2 cells was described to induce CCL22 expression (ARAUJO-PIRES et al., 2015), as part of the protective IL-4/CCL22/CCR4 pathway. Additional experiments confirmed the involvement of Tregs in the VIP-protective effect, since the inhibition of Tregs migration (in CCR4KO mice) or activity (with anti-GITR) abrogated the protection in VIP treated mice. Accordingly, human lesions data support the VIP-Tregs connection hypothesis in the view of a very significant correlation observed between the VIP and Tregs markers FOXp3, IL-10 and TGF β 1. As previously mentioned, the synergy between VIP and Tregs in immunoregulation process was described in other inflammatory conditions (TAN et al., 2009). However, despite the increase in Th2 cells migration due VIP therapy, VIP protective effect was IL4-independent, as demonstrated in IL4KO mice. While some studies describe a Th2-inducing effect of VIP (DELGADO et al., 1999), others describe that VIP can inhibit IL-4 transcription, highlighting the complexity of such interplay

(JIANG et al., 1998; TANG et al., 1996; TANG; WELTON; GANEA, 1995). As previously mentioned, IL-4 protective effects involves the induction of CCL22, which allows the Tregs migration via CCR4 (ARAUJO-PIRES et al., 2015).

Nevertheless, since our data demonstrate that VIP prompted CCL22 expression, it may overcome the IL-4 absence. Accordingly, VIP was described to induce the CCL22 expression (DELGADO; GONZALEZ-REY; GANEA, 2004). Additionally, the local release of recombinant CCL22 was found to overcome the overcome IL-4 deficiency by a direct induction of Tregs migration (ARAUJO-PIRES et al., 2015), and to promote Treg migration when applied in the root canal system, and to consequently arrest lesions progression (FRANCISCONI et al., 2016).

Importantly, while the exact source of VIP, originally described as a neuropeptide, at periapical environment remains to be established, increasing evidences support the immunoregulatory properties of nervous system (QUATRINI; VIVIER; UGOLINI, 2018). Indeed, while neuroimmune interactions, mediated by different neuropeptides were initially described as pro-inflammatory, have been demonstrated to be quite more complex and to operate towards restoring homeostasis by controlling the duration and intensity of inflammation through multiple mechanisms (QUATRINI; VIVIER; UGOLINI, 2018). Accordingly, VIP have been demonstrated to be a "neuroimmunopeptide" with a broad spectrum of immunoregulatory functions and as a potential pharmacological target to the clinical management of inflammatory conditions (KABATA; ARTIS, 2019; QUATRINI; VIVIER; UGOLINI, 2018).

CONCLUSION

4 CONCLUSIONS

Analyzing the role of VIP and PACAP in the alveolar bone healing and in the development of periapical lesions, we conclude:

• The VIP treatment increased the bone tissue at the endpoint and demonstrate that the early repair observed in the antiVIP and VIP was associated with an increase presence of M2 macrophages and associated labels;

• The PACAP treatment demonstrated an increase in the bone tissue in the treated groups at the endpoint and shows that the early repair observed in the antiPACAP and PACAP was also associated with an increase presence of M2 macrophages and associated labels.

• The neuropeptide VIP, presents an active immunoregulatory action in periapical granuloma pathogenesis. From the mechanistic viewpoint, VIP induces Treg chemoattraction to the periapical area is mediated by the induction of CCL22.

• Neuropeptides, such as VIP and PACAP, exert a regulatory action over the inflammatory immune response associated with bone tissue, and the extension of regulatory effect seems to be dependent of the nature of inflammatory process.

• Further studies are required to clarify the underlying mechanisms and influence of VIP and PACAP in modulation of inflammatory immune response associated with bone tissue, and the consequent impact in bone lesions or healing outcome. Treatments based in VIP and PACAP administration/delivery can be translationally explored as a complementary strategy to minimize tissue damage and maximize tissue repair in clinical scenarios.

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ANNEXES

Anexo A - Ofício de aprovação do projeto de pesquisa pela Comissão de Ética no Ensino e Pesquisa em Animais da FOB/USP



Universidade de São Paulo Faculdade de Odontologia de Bauru

Comissão de Ética no Ensino e Pesquisa em Animais

CEEPA-Proc. Nº 001/2016

Bauru, 15 de março de 2016.

Senhor Professor,

Informamos que Projeto de Pesquisa denominado *Papel de VIP (vasoactive intestinal peptide) e PACAP (pituitary adenylate cyclase-activating polypeptide) na polarização M2 e seu impacto no processo de reparo ósseo alveolar tendo Vossa Senhorla como Pesquisador Responsável, que envolve a utilização de animais (roedores), para fins de pesquisa científica, encontra-se de acordo com os preceitos da Lei nº 11.794, de 8 de outubro de 2008, do Decreto nº 6.899, de 15 de julho de 2009, e com as normas editadas pelo Conselho Nacional de Controle da Experimentação Animal (CONCEA), foi analisado e considerado APROVADO pela Comissão de Ética no Ensino e Pesquisa em Animais (CEEPA), em reunião realizada no dia 11 de março de 2016.*

Vigência do projeto:	Abril/2016 a Fevereiro/2018			
Espécie/Linhagem:	Camundongo isogênico - C57BI/6			
Nº de animais:	180			
Peso/Idade	25g/8 semanas			
Sexo:	Machos			
Origem:	Biotério da Faculdade de Medicina de Ribeirão Preto (FM/USP)			

Esta CEEPA solicita que ao final da pesquisa seja enviado um Relatório com os resultados obtidos para análise ética e emissão de parecer final, o qual poderá ser utilizado para fins de publicação científica.

Atenciosamente,

Profª Drª Ana Paula Campanelli

Presidente da Comissão de Ética no Ensino e Pesquisa em Animais

Prof. Dr. Gustavo Pompermaier Garlet Docente do Departamento de Ciências Biológicas

> Al. Dr. Octávio Pinheiro Brisolla, 9-75 – Bauru-SP – CEP 17012-901 – C.P. 73 e-mail: ceepa@fob.usp.br – Fone/FAX (0xx14) 3235-8356 http://www.fob.usp.br



CEEPA-Proc. Nº 001/2016

Bauru, 12 de dezembro de 2016.

Senhor Professor,

Em atenção à solicitação de Vossa Senhoria para o <u>acréscimo de 90 camundongos</u> *C57BL/6* na proposta de pesquisa, denominada *Papel de VIP (vasoactive intestinal peptide)* e *PACAP (pituitary adenylate cyclase-activating polypeptide) na polarização M2 e seu impacto no processo de reparo ósseo alveolar*, tendo Vossa Senhoria como Pesquisador Responsável, que envolve a utilização de animais pertencentes ao filo Chordata, subfilo Vertebrata (exceto humanos), para fins de pesquisa científica, encontra-se de acordo com os preceitos da Lei nº 11.794, de 8 de outubro de 2008, do Decreto nº 6.899, de 15 de julho de 2009, e com as normas editadas pelo Conselho Nacional de Controle da Experimentação Animal (CONCEA), foi analisada e considerada APROVADA a sua execução nas dependências da FOB-USP, *em reunião ordinária da* Comissão de Ética no Ensino e Pesquisa em Animais (CEEPA) realizada no dia 9 de dezembro de 2016.

Finalidade	() Ensino (X) Pesquisa Científica			
Vigência da autorização:	Abril/2016 a Fevereiro/2018			
Espécie/linhagem/raça:	hagem/raça: Camundongo isogênico/C57BL/6			
Nº de animais:	270			
Peso/Idade	25g/8 semanas			
Sexo:	Macho			
Origem:	Biotério da Faculdade de Medicina de Ribeirão Preto (FM/USP)			

Esta CEEPA solicita que ao final da pesquisa seja enviado um Relatório com os resultados obtidos para análise ética e emissão de parecer final, o qual poderá ser utilizado para fins de publicação científica.

Atenciosamente,

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Δ	6). (ll.	
Prof ^a Dr ^a A	— 😏 na Paul:	a Campanelli	7 -	-0,		

Presidente da Comissão de Ética no Ensino e Pesquisa em Animais

Prof. Dr. Gustavo Pompermaier Garlet Docente do Departamento de Ciências Biológicas

> Al. Dr. Octávio Pinheiro Brisolla, 9-75 – Bauru-SP – CEP 17012-901 – C.P. 73 e-mail: ceepa@fob.usp.br – Fone/FAX (0xx14) 3235-8356 http://www.fob.usp.br

Anexo B – Submissão do artigo "Vasoactive intestinal peptide (VIP) immunoregulatory role at the periapex: associative and mechanistic evidences from human and experimental periapical lesions" ao periódico. Journal of Endodontics

28/05/2019 Email - Michelle Sofiani Azevedo - Outlook Track your recent Co-Authored submission to JOE The Journal of Endodontics <eesserver@eesmail.elsevier.com> Oua 28/11/2018 11:03 Para: michelle_soriani@hotmail.com <michelle_soriani@hotmail.com> *** Automated email sent by the system *** Dear Dr. Michelle Azevedo, You have been listed as a Co-Author of the following submission: Journal: Journal of Endodontics Title: Vasoactive intestinal peptide (VIP) immunoregulatory role at the periapex: associative and mechanistic evidences from human and experimental periapical lesions Corresponding Author: Gustavo Garlet Co-Authors: Michelle C Azevedo: Thiago P Garlet: Carolina F Francisconi; Priscila M Colavite: Andre P Tabanez; Jessica L Melchiades; Ana Paula F Trombone; Charles Sfeir; Steven R Little; Renato M Silva; To be kept informed of the status of your submission, register or log in (if you already have an Elsevier profile). Register here: https://ees.elsevier.com/joe/default.asp? acw=&pg=preRegistration.asp&user=coauthor&fname=Michelle&Iname=Azevedo&email=michelle soriani@hotmail.com Or log in: https://ees.elsevier.com/joe/default.asp? acw=&pg=login.asp&email=michelle_soriani@hotmail.com If you did not co-author this submission, please do not follow the above link but instead contact the

Corresponding Author of this submission at garletgp@usp.br;garletgp@yahoo.com.br.

Thank you,

Journal of Endodontics